



# PADDLE SPLASHES

NEWSLETTER OF THE NY-NOJ AMC CHAPTER – CANOE & KAYAK COMMITTEE

October 2009

## MOC Boathouse Workday & Paddler's Picnic

**Connie Farley / Tom Trevor**

MOC Picnic Coordinator / CKC Volunteer & Photographer

Our annual summer picnic at Mohican Outdoor Center (MOC) and Boathouse Workday held August 1, 2009, was filled with Good Works, Good Fun, Good Food, and Good Friends!

The day before and the day after the event it rained but the sun came out to shine on our picnic – it was a beautiful day! And a colorful one too as (nearly) everyone showed up in festive tropical attire, including Hawaiian styled hats and shirts.

This event is very different from all the others I've participated in over the years as a paddler with the AMC - nobody checked my rating, but I did have to sign the waiver.

From the accompanying photos (p.6) you can see the back braking drainage work and installation of the new walkway steps, around the boathouse. This work was tempered with lots of paddling fun, especially for the children (and those older children in all of us).

We paddled all sorts of boats from tandem aluminum canoes to squirt boats. All this topped off with burgers or hotdogs courtesy of the CKC, and ably grilled by our celebrity chef, Jeff Gregg - after he took a break from the ditch digging!

The highlight of the day for me (TT) was discussing the virtues of the Penobscot 15 compared to the Penobscot 16 with Chris Viani. If this seems like a laid back easygoing event, that is because it was; ... just good food and easy paddling fun for all with a service project thrown in, and good friends to share it with.

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## 🕒 Paddler's Party 🕒

Mark Your Calendar!

### December 12, 2009

**Phyllis Lindquist & Gretchen Tardell**

Paddler's Party Coordinators

**Please join us for our Annual Year End Celebration!**

**Everyone is welcome, bring your family and non-paddling friends.**

**Saturday, December 12, 2009 from 2 p.m. to 7 p.m.**

**Ramapo Valley VFW Post 29773**

**16 Ramapo Avenue**

**Suffern, NY 10901**

**(Note: This is a new location)**

This location is a short distance from the facilities we have used the last two years. Directions on p. 9.

### Party Schedule:

(Times are approximate except start and finish)

**2:00 p.m. Welcome**

**2:30 p.m. Happy Hour and Gear Swap Sale Review**  
(see separate notice p. 2)

**3:30 p.m. Dinner** (followed by speeches, desserts, etc.)

**6:00 p.m. Gear Swap Sale**

**7:00 p.m. Party Ends**

**We provide: Non-alcoholic drinks, meat dishes (turkey, ham), vegetarian dishes, coffee, tea, punch, video and audio equipment**

**You Provide: Your favorite HOME COOKED DISH (appetizer, salad, main dish, side dish or dessert). If you don't cook, our staff of chefs will do it for you – just pay the non-dish price**

**Send in your registration by mail ASAP (in fact, do it today)**

**Deadline: December 1, 2009 NO WALK-INS**

**Mail registration: \$20 per person plus home cooked dish**

**Mail registration: \$30 per person without home-cooked dish**

**Children under 12 free**

*continued on page 2*

## Workday / Picnic Volunteers

**We couldn't do it without YOU!**

VERY SPECIAL THANKS TO:

**CARL GANONG – WORK PROJECT MANAGER**

**JEFF GREGG – THE COOL CHIEF**

**JEFF PUMO - ROCK & PICK-UP DETAIL**

**JOE MARSHALL – HAVE SHOVEL – WILL DIG**

**JOE CIFUNE - ALL AROUND WORK DETAIL**

**STEPHEN FERDER – DIG-IT, WATCH THE MUD!**

**DON GETZIN – KNOTS / ROPE SYSTEMS GALORE**

**Tom Trevor – photographer of the day!**

Helpers throughout the weekend

Ara Jingirian Ken Burlew

Connie Farley Sarah Francis

Jane Dorlester Christine Carr

Mark Tiernan Carin Tinney Amanda Burman

Chris Viani Jill Arbuckle Kafi Adams Cath Kraft

and of course - Dave Simpson MOC

**A huge thank you to all who came and helped at the Work Day and Picnic! (For 2009 we had 40 participants!) Whether it was getting dirty doing chores, clearing the beach area of overgrown brush, bringing and setting the table with all the great food we enjoyed, or helping new paddlers with the boats and life jackets or cleaning up after the event – we really couldn't have done it without you!**

**If you missed the fun this year – how about planning for next year? We will be back at MOC August 7-8, 2010 for more fun and work!**

*What project shall we do, Carl?*

Paddler's Party continued...

Send registration form p. 9 and check made out to:

**Phyllis Lindquist  
396 Potomac Drive  
Basking Ridge, NJ 07920**

Please retain the directions p.9 we will no longer be mailing directions to you!

Any questions, call  
Phyllis Lindquist 908-626-1315 (before 9 p.m.)

or  
Gretchen Tardell 973-586-8595  
or e-mail

[lindquistspb@yahoo.com](mailto:lindquistspb@yahoo.com)

or

[kgardell@verizon.net](mailto:kgardell@verizon.net)

### ≧ Gear Swap & Sale ≦

This year at the Paddlers' Party, we will have a gear swap sale!

Take a look in your closet or that old duffel bag, sell what you don't need and get the gear you want at a great price.

The AMC CKC will also have a sales table.

During the Happy Hour, gear will be displayed, with price tag and attached sheet of paper, so interested parties can write down their name on the gear that they want.

This way, you won't have to stay at the table during the entire party, you can socialize.

At 6 p.m. all sellers will man their tables and sell the gear to interested parties.

#### CKC Position:

#### email:

#### Contact:

Chair	canoekayak(dot)chair(at)amc-ny.org or canoekayak(at)amc-ny.org	Victoria Butler
At-Large	canoekayak(dot)atlarge(at)amc-ny.org	Henry Schreiber
Quartermaster	canoekayak(dot)quartermaster(at)amc-ny.org	Anthony Chiarello & Chris V
CL 4 Paddler Coordinator	canoekayak(dot)quartermaster(at)amc-ny.org	Chris Viani
Equipment Coordinator	canoekayak(dot)equipment(at)amc-ny.org	Matt Theisz
First Aid	canoekayak(dot).firstaid(at)amc-ny.org	Maureen McCahery
Instruction	canoekayak(dot)instruction(at)amc-ny.org	Butch Futrell & Charles Michener
Membership / Publicity	canoekayak(dot)membership(at)amc-ny.org	Pinar Ayata
Paddle Splashes	canoekayak(dot)newsletter(at)amc-ny.org	Connie Farley
Quiet Water Coordinator	QW(at)amc-ny(dot)org	Jeff Gregg
Ratings	canoekayak(dot)ratings(at)amc-ny.org	Michelle Sholtis
Records	canoekayak(dot)records(at)amc-ny.org	Marty Plante
Safety	canoekayak(dot)safety(at)amc-ny.org	Ara Jingirian
Touring/Sea Kayak	canoekayak(dot)seakayaking(at)amc-ny.org	Carter Bland
Secretary	canoekayak(dot)secretary(at)amc-ny.org	open
Treasurer	canoekayak(dot)treasurer(at)amc-ny.org	Frances Ennis
Trip Scheduler	canoekayak(dot)scheduler(at)amc-ny.org	Stephen Ferder

## FILE YOUR TRIP A Go-Go!

We love to share paddling experiences. Our valuable Trip Leaders and Trip Participants submitted the following trip information for your enjoyment.

### JUNE 6-7 ESOPUS CREEK- SKLAR / VIANI

On Saturday we paddled the CL2 and the 2+ section. On Sunday we only had enough support to the paddle the 2+ section. Joe Sklar and Chris Viani led the trip.

Fourteen people paddled both days, and 9 paddled only one day. We had canoes, kayaks and one inflatable. Most of us ate in local restaurants except for a few people who cooked. Happy hour was pot luck. Lenny Gregig and Henry Schreiber paddled on Saturday and were relieved that someone else was leading the trip. They had been leading this trip for 12 years as co-leaders and Henry had led it for about 12 years before that.

My arm still hurts from **where I drew the blood** to sign that I was leading the trip again next year. Lenny wanted an eleven year commitment but I am holding out for a cost of living increase in the future.

We tried not to get into the way of the slalom races at and I guess we succeeded because we didn't get too many dirt looks when we went through the race course (after they waved us on.)

### JUNE 13-14 WAS THE LAST ANNUAL LINDQUIST BBQ!

The event has always been filled with fun, good food, and friends. If we were lucky the Nescopeck was running...sometimes yes, sometimes no, but there was always the Lehigh. I will fondly remember the Sunday trips on the Lehigh when Bob's bow partner was a **huge watermelon**, equipped with helmet and PFD, as a good paddler should be. Too bad he got wacked later...ummm. And then of course there was the whopper, the full monty...oops the full mouny, and last but not the least the BIG MOON over Bob's backyard. Who can say enough about the fabulous feast Phyllis always prepared. And thanks to Phil Ritchie who was always there to help: before, during and after the BBQ.

So thank you Bob and Phyllis for all the good memories!

Ken & Gretchen Tardell.

### JUNE 14 RIVER CLEANING IN A DOWNPOUR!

#### TANYA McCABE.

We met in a downpour, I don't think it occurred to us not to put-in. Surely the rain would let up. Certainly the river was up. We donned our raingear, pulled up our hoods and set out. The water was swift and silty. We decided to forgo lunch on the river, in the rain. We covered our usual 3 miles in 2.5 hours. The pickins were slim! **We only collected one tire and about 6 bags of trash.** We had 7 paddlers plus 2 supporters. At the conclusion of the day we had lunch at the Denville Diner, extolling the virtues of those that are willing to clean rivers in downpours! Following lunch we had dessert at the ever popular Denville Dairy.

#### Many thanks to our river cleaners extraordinaire!

Karen Linzenberg, Jaxon Tech, Aaron Loomis, Natalie Pasarchik, Jo-Anne Chasnow, Anjali Dhiman, Pete Beck, Tanya McCabe & support Kurt Brummund and Michael Dalton.

## NOT JUST A GOOD IDEA – IT'S THE LAW!

By Marty Plante

New York has become the latest state in our area to tighten the buckles on PFD use. The Empire State has joined Massachusetts and Connecticut in requiring that canoeists and kayakers wear PFDs during the coldest months. The new law requires that all paddlers in the state wear a Coast Guard-approved PFD from Nov 1 to May 1. Connecticut mandates the wearing of PFDs from Oct 1 through May 31, while Massachusetts requires them from September 15 to May 15.

New Jersey and Pennsylvania do not require that PFDs be worn by canoeists and kayakers, only that they be "readily accessible." All of these states require small children to wear PFDs at all times of the year while in a canoe or kayak.

More boating accidents happen in the summer, when people are more likely to be out on the water, but the fatality rate soars in the colder months when hypothermia rears its ugly head and there are fewer people to affect a rescue. New York State's annual *Recreational Boating Report* describes the tragic deaths of three canoeists and one kayaker last year and seven canoeists and two kayakers in 2007. A common theme permeates the reports: cold water, use of alcoholic beverages while paddling, inexperience, and no PFDs.

Like those of its neighboring states, New York's new law appears to be aimed at hunters, fisherman and casual boaters who are inclined to look upon a PFD as an unnecessary burden.

The regulation will have little effect on serious paddlers like those in the AMC, where there is a strong culture of **wearing a PFD at all times.**

The NY-NoJ Canoe & Kayak Committee has required PFDs on all of its trips since 2004.





# Safety Becomes Us

By: Carin Tinney

Two ugly leg abrasions, a few sore shoulders, a couple of nasty bruises, two nights of rain, 6 billion mosquito bites – all failed to dampen the spirits of eight diehard paddling junkies who braved the pain and predictably lousy weather to take part in the recent Advanced Safety and Rescue class this past September.

Intertwined with the moments of mild discomfort, awkward throw bag tosses and confused moments inherent to knot mastery- were a heap of laughable moments and real points of learning- ultimately contributing to a very memorable weekend and a treasure chest filled with shiny rescue tools.

This year's advanced safety and rescue class was a bit unique, as the Canoe and Kayak Committee (CKC) brought in an outside company to teach the class with the goal of revitalizing the CKC's current knowledge base, add fresh ideas and give the dedicated instructors a much deserved break and the opportunity to be students. Having taken the class the previous year (taught by Mr. **Marty Plante** and assisted by his brave and energetic partner **Elisa**), I hereby solemnly swear: they know their sheet! Although this year's class was incredibly helpful in solidifying our knowledge base-- the basic and core tools, methods and theories stood the test of a professional, outside company who teaches this stuff day and day out.

In writing this article I thought about what you, the non-eight, might benefit from and could learn without taking the class. Here are a few essential skills that can easily be practiced:

At home:

**Throw rope tossing.** Throwing a rope to a moving target who will pull you really hard, needs to be practiced to the point of mastery *before* you need the skill on the river. Practice throwing at a spider on a stone on your wall, a leaf on a tree, your boss, your chia pet, that annoying squirrel that eats your marigolds...

**A knot is not to be underestimated.** Rivers have an inconvenient habit of being wider than the length of a single throwbag. If you find yourself with the need to connect two bags but haven't yet made that long trip to Campmor to buy some carabineers, you'll need to tie a knot. The Web is full of useful advice on the subject. Learn to tie a rewoven figure 8 and you'll have a powerful skill in your rescue arsenal. Impressing your paddling buddies is an added bonus.

On the river or at a pool session:

**Practice paddling with two paddles.** It is really important to remember to take the few brief seconds to ensure they are lined up! This skill is much harder than it appears, especially if you have small hands.

## Emptying a swimmer's boat for easier transport.

With the boat on its side, and its cockpit perpendicular to yours, pull the bow out of the water and across your deck, emptying it and quickly flipping it over- hull side down.

**Swim like a Paddler.** Swimming is a lot more challenging with your paddling gear than with a bikini or Speedo. At the end of your next pool session or while you're waiting for the shuttle after a day on the river, take a few strokes while wearing your wetsuit, PFD, helmet and spray skirt. You won't be cruising like Michael Phelps, but you'll develop the skills to get out of trouble on the river. Kick it up a notch by swimming while holding onto your paddle.

## Playing upstream and down steam safety for a rescuer/rescue team.

If a rescue is taking place, and you are not skilled or comfortable enough to assist directly or not needed (too many hands in the pot already) - volunteer to stop and/or alert river traffic upstream of the rescue. Always alert the rescuers of upstream hazards as you see them. Alternatively, play downstream safety catching ( if comfortable) any gear that might float by, alerting those downstream of the rescue occurring, and if possible keep the rescue team informed of any dangers if they do not seem apparent.

**Eddy out.** It is totally acceptable to not take an active part in a rescue – particularly if you do not have the experience, comfort or training to assist. An incredibly useful and necessary role you can play in a rescue situation is simply eddying out near/around the rescue, making eye contact with the leader, and waiting for the all clear signal.

I also felt you may want to know who in our paddling community attended the class- which always makes a trip more attractive- in more ways than one! The freshly equipped lot of paddlers include: Neil Grossman and Marty Plante representing the open canoe contingent; with the whitewater kayaker crowd represented by Ken Burlew, Matt Theisz, Carin Tinney, Bill Handworth, Ara Jingirian and our very own soon to be ex-chair, Victoria Butler.

**Taking an advanced safety & rescue class is not only beneficial to yourself, but to our group as well.** To me, the beauty and strength of 'us' is that we *paddle in play* together and as this season certainly and unfortunately proved to us all- we also *paddle in times of crisis* together as well.

This course, and others like Basic Safety and Rescue, no doubt has helped us become a stronger, safer paddling community.



**2009 CKC Trips. Some of the camping, paddling fun we have.**

First row: Betsy cooking breakfast, Misako, Robert, Gretchen, Amanda securing the pole for the club tarp.  
 Second row: Rob, Carin, Ken, Tony, Lori, Nesrin. Dan, Sozanne, Charles at Tariffville. Don H.



Third, fourth row: At the Deer Fest -Kafi, Carin, Mark, Michele, Michelle, Victoria, Carin – in her fleece, PA Jim & Fawn, Elizabeth & Zach, Kerri, Dennis, Monica & Butch.



Fourth row: river pictures: Chris, Cameron at the Lower Yough open-boating. Bill & Kayla. Mark L & Ruby.



**Guess Who?**  
 Eileen Yin (bottom left)  
 & Soo (top left).  
 June 2009

Eileen reports, it is impossible to find canoes in Malaysia so she and Soo were “forced” to kayak!



**2009 Mohican Paddlers Picnic and Workday**

Carl.  
Working on the steps: Jeff, Joe, Carl.  
Working on the new drainage ditch: Jay, Joe, Stephen, Jeff, Jeff. Connie.

Jeff, Christine with family, Don.

The art of knots.  
Joe M, Joe C, Chef Jeff.

Jill, Stephen C-1er, Don demonstrating climbing with friend, Tom

Jane, practicing knots: Joe, Sarah, Connie, Jeff, Mark, Ken, Jane.

Group of boats on Catfish Pond.

Carin adjusting a PFD before getting in the water.

Ben, Leela, Aviva.

Solo open-boater

And of course water balloons!





# ACTIVITY SCHEDULE – 2009

[http://trips\\_outdoors.org/index.cfm/method/public.publicsearch](http://trips_outdoors.org/index.cfm/method/public.publicsearch)

	Date	Touring Water	Quiet Water	Class 1	Class 2	Class 3	Class 4	Instruction /Misc
<b>October</b>	3-4	Sat: Manhasset Bay <i>Ihrig</i>	Cedar Creek <i>Gregg</i>		Upper Lehigh <i>Tinney / Butler</i>			
	10-11	Adirondack Fall Foliage Exp Fri – Mon <i>Breton</i>					CL4-4+ Columbus Wkn <i>Gellerman</i>	
		Maurice & Menantico Pond Fri – Mon <i>Tardell / McCabe</i>						
		Sedge Island <i>Collins</i>						
	17-18	<i>Great Piece Meadow</i> <i>Baker / Gregg</i>			CL2-3+ Farmington (New Boston) <i>Butler / Leenhouts / Tinney</i>			
					Mongaup <i>Arbuckle</i>			
24-25	Round Valley Expedition <i>Gregg</i>			CL2-3+ Farmington (New Boston) <i>Solmaz / Michener</i>			<b>LUNgevity Foundation Walk in memory of Bill Canfield</b>	
31 Halloween				<i>Monstergap</i> <i>Tinney</i>				
<b>Nov</b>	7-8				Tohickon <i>Butler / Leenhouts</i>			
	14-15							

## For Sale

### 15' WOOD CANOE, PADDLES, ADULT & CHILDRENS LIFE JACKETS

The canoe can either be used as is - or for those with a knack, restored. Restored canoes like this are worth \$3k (sic!), but I expect restoration s a 60-80 hour job (or more). It has been stored (dry) in the garage the last 10 years. We live near a lake, so a potential buyer can try first. \$500 negotiable 973-839-7795 or email [Richard\(at\)RichardSeibel.com](mailto:Richard(at)RichardSeibel.com). Pompton Lakes, NJ.



## For Sale

From long time (since 1977!) DV AMC member  
Denise Zembryki

A set of **4 topo maps for the Dumoine**: 1:50,000 scale, 1977 edition (very good condition)

- 1) Rowanton (Quebec)
- 2) Lac Dumoine (Quebec)
- 3) Rolphton (Ontario / Quebec)
- 4) Lac Russell (Quebec)

Asking \$10 for the set + shipping cost.

A set of **3 topo maps for the Moisie**, 1:250,000 scale (never used) plus daily log from a friend's river trip in 1982 And a copy of Nick Nickels river write up (rapid by rapid) from Canoe Canada data service

- 1) Lac Fouquet, 22-O, edition 1
- 2) Sept-Iles, 22J, edition 2
- 3) Lac Opocopa, 23B, edition 2(B)

Asking \$10 for the Moisie package + shipping cost.

**Contact [zembryki\(at\)ptd.net](mailto:zembryki(at)ptd.net) or call 610-966-4129**

**PADDLER RATING UPDATE**  
**CONGRATULATIONS TO ALL OUR NEWLY RATED PADDLERS!**

QW = Quiet Water  
 TW = Touring Water  
 TW2 = Touring Water Level 2  
 K1 = Solo Kayak  
 4R = Class 4 Restricted to Dryway (Monroe Bridge section of the Deerfield River)

Name	New Rating
Fred Beddall	QW
Paola Belotti	QW
Steven Blocker	QW
Jacob Boyarsky	QW
MaryEllen Campbell	QW
Jeani Clarke	QW
Peter DeMetropolis	QW
Anjali Dhiman	QW
Janice Dunham	QW
Renee Ehle	QW
Sam Friedman	QW
Carl Ganong	QW
Dominick Gervasi	QW
Loretta Brady	QW
Dave Heerwagen	QW
Jacob Hladky	QW
Holly Jamieson	QW
Susan Kotas	QW
Stefan Kurant	QW
Paul Lawless	QW
Jake Lewis	QW
Ann Mancuso	QW
Mary Marchese	QW
Rudi Markl	QW
Peter McBride	QW
Paul McGregor	QW
Vanessa Miller	QW
Judy Murphy	QW
Leon Nehmad	QW
Marta Omecinskyj	QW
Armand Pierro	QW
Sandra Reyes	QW
Hope Rogers	QW
Sheri Silverstein	QW
Barry Tanis	QW
Bonnie Tanis	QW
Barry Wallach	QW
Douglas Weekes	QW
Gavin Wright	QW
Bob Anderson	TW2

Name	New Rating / Class	
	Solo Kayak / River	
Kafi Adams	1	K1
Richard Barret	1	K1
Pamela Baum	1	K1
Elizabeth Burke	1	K1
Kayla Burlew	2+	K1
Amanda Burman	1	K1
Diann Connell	1	K1
Jo-Anne Durdock	2	K1
Jeffrey Gregg	1	K1
Bill Handworth	3	K1
Brenda Harrower	1	K1
Donald Harrower	1	K1
Jenna Hobocan	1	K1
Ruby Hofmann	1+	K1
Zachary Hvizdak	1+	K1
Michael Hyman	2	K1
Buddy Jedd	2	K1
Monica Juhasz	2	K1
Stephene Kelley	3	K1
Mark Leenhouts	2+	K1
Taylor McHolm	1+	K1
Paul Michaels	1	K1
Dan Ott	2	K1
Robert Siss	1+	K1
Carin Tinney	2	K1
Michelle White	1	K1
<b>Ara Jingirian</b>	<b>4R</b>	<b>Dryway</b>

Welcome to our new Class 4 rated paddlers:  
**Radu Teodorescu & Mark Tiernan**



**Radu Teodorescu**  
 Paddling since 2000  
 Favorite river: Upper Gauley  
 Keys to successful paddling: I don't know, still trying to figure it out 😊  
 The most important thing to master both in terms of paddling as well as in life is the ability to do the right thing at the right time. It's always much easier to make plan, or identify the right moves in retrospect. The trick is to always be mindful of the moment you are in, as well as of your own abilities, and act accordingly when excitement or fear tend to take over. As long as you are in control of yourself, controlling your boat and mastering any of the rapids out there it is a piece of cake ... but as I said being a good paddler and a good person is something I'm still working on.



**Mark Tiernan**  
 Paddling since 2001  
 Favorite river(s): Stonycreek, Beaver, UY ©

**MT.** Keys to successful paddling: for one thing it is a life-long learning process! Another key element is managing fear when running higher classes of rivers. This can be accomplished by 'working the river', using your previous river experience to develop self-confidence thereby trusting your ability and judgment. Another important aspect of paddling is to listen to the advice of skilled paddlers – folks you trust. Their support and encouragement can take you places you didn't think you could go.  
**Mostly believe "you can do it!"**



# Paddler's Party Directions: Please save this information!

## From George Washington Bridge:

Head west on I-95 S  
Take I-95 exit toward I-80/Hackensack/NJ-4/NJ Turnpike/Garden State Parkway  
Take exit 72A to merge onto NJ-4 toward Paramus (and Campmor)  
Take NJ-17 exit toward Newark/Garden State Parkway  
Keep right at the fork to continue toward north NJ-17 and merge onto north NJ-17  
Take US-202 ramp to Morristown/Suffern  
Turn right at Ramapo Valley Road/US-202  
Turn left at N. Ramapo Avenue (If you go under an overpass, you have gone too far)  
Continue to 16 Ramapo Avenue (Post will be on your right)

## From Tappan Zee Bridge:

Head west on I-287 W/1-87N  
Take exit 14B for Airmont Road toward Airmont/Montebello  
Turn left at N. Airmont Rd/County Rt-89  
Take the 3<sup>rd</sup> right onto NY-59/Rt-59  
Turn left at Chestnut Street  
Take 1<sup>st</sup> left onto Ramapo Avenue (Post will be on your left)

## From the South via Route 287:

Head northeast on I-287 N. Two choices:  
1. Take exit 58 toward Oakland/US-202  
Turn left at W Oakland Ave (signs for Oakland/W Oakland Ave/US-202)  
Slight left at Ramapo Valley Rd/US-202. Go 7.8 miles.  
Turn left at N. Ramapo Avenue (If you go under an overpass, you have gone too far)  
Continue to 16 Ramapo Avenue  
Or  
2. continue north on I-287 N  
Take exit to NJ Rt. 17 south toward Paramus  
Exit to Ramapo Valley Road/US-202 and continue as above

**Parking:** Available in front and back of the post. If the lots are full, you can pull in to drop off items and then park at the Suffern train station which is only a block away. To get to the station, continue north on Ramapo Ave, turn right on Park Place and into the station parking lot.



### **Paddlers' Party Registration**

I have enclosed \$\_\_\_\_\_ for Ticket(s) for \_\_\_\_\_ persons  
The name(s) to appear on the name tag(s) are: \_\_\_\_\_  
My phone number: \_\_\_\_\_ My e-mail address: \_\_\_\_\_  
(Please provide both)

\_\_\_\_\_ I will pay **\$20** and bring the follow **HOME COOKED DISH** \_\_\_\_\_  
Be specific: not appetizer, write Buffalo wings; not dessert, write cheesecake  
If two people are attending please list both dishes.

\_\_\_\_\_ I will pay **\$30** because I will **not be bringing** a home cooked dish.

**I want to help** and can be available:  
\_\_\_\_\_ Before the party  
\_\_\_\_\_ From 2 p.m. on party day  
\_\_\_\_\_ During the party  
\_\_\_\_\_ At the end of the party



 **Directions:**  
**Please retain these directions**

**December  
12, 2009**

### **Public Transportation:**

Available on NJ Transit train. From NY Penn Station take the Northeast Corridor train, transfer in Secaucus to the Main and Bergen Co. Line to Suffern.

The ride is approximately 1 hour 20 minutes.

Check [www.njtransit.com](http://www.njtransit.com) for the schedule. To get to the hall, leave the station parking area on Park Place and turn left on Ramapo Avenue. The post is one block away on the left.

# Passaic Paddle August 16, 2009

by Tom Trevor

photos by Tom Trevor

After a **flurry of e-mails**, Kurt Navratil, Kurt Brummund and I joined Jeff Gregg on a bootleg exploratory of a section of the Passaic for future AMC trips. Each of us has extensive paddling and trip leading experience.

Jeff and I paddled his tandem Old Town Charles River, Kurt B paddled a We-No-Nah Rendezvous and Kurt N paddled a Mohawk Odyssey 14.

We put in at Valley Road near Millington at about 11 a.m. for a leisurely 6 mile paddle to Hillcrest Road near Gillette on the Passaic River. It was a perfect Sunday morning, hot and clear. But we paddled protected by the canopy shading most of the river.

Each bend in the river treated us to **wildlife delights**.

We spotted a red **fox** running along an embankment. A **doe** high on another embankment on river left furtively observed us with one eye with the other on her 3 fawns. She continued grazing as we unthreateningly slid silently slowly past.

A great blue **heron** led us down river for miles, majestically taking flight as we encroached on his domain.

Here and there were an **egret**, a **kingfisher** and a large **owl** that flew across our path down river. Later, a red tailed **hawk** swooped across the river diagonally

from behind us river right to our left downstream, disappearing into the dense woods. It passed so closely that we could see the delineation of the red markings on its tail.

**Six hours later**, at 5 PM, we hauled our boats at the take out, exhausted. **Wait a minute...** 6 miles in six hours? A leisurely pace does not account for all that time on river... Oh! Did I forget to mention the blow downs? I stopped counting at 20... the places we either had to lift over fallen trees up to 3 feet in diameter or carry around root balls extending 10 feet above us. Steep mud banks were as slick as ice while the mucky bottoms held our feet fast, feasting on my sandals. I had to reach in to retrieve them on 2 occasions.

Needless to say, **we missed our intended 3 PM take out**.

The conditions were not known but should not have been unexpected. We had experienced severe weather in the area with very high winds, torrential rain and numerous outages from damaged power lines.

While this *may not have been a good introductory trip* for a newbie, **the delights and adventure of a trip like this keep me paddling**.

However, I would not deliberately plan a trip with 20 to 30 carries or lift over's in 6 miles.



Kurt N

Kurt B



Kurt & Kurt at another "blow-down" carry!



## In Remembrance – Bill Canfield – 1963 – 2009



Bill at the NJIT pool, Bill surfing at the Tohickon

With incredible sadness we report that our dear friend and paddler Bill Canfield passed away on August 23, 2009.

Bill Canfield was an active member of the CKC, a CL4 Trip Leader and served on various committees, most recently Bill was Trip Scheduler.

The family told us that, "Bill passed away peacefully at home with his family at his side. Bill had been diagnosed with a very aggressive form of lung cancer which spread rapidly throughout his body."

Bill was 46 years old and leaves behind his loving wife Elissa McKibbin and young son Dylan, and many many friends.

In lieu of flowers the family has asked that you donate to the LUNGEvity Foundation or join Team Canfield for a walk in Battery Park on Sunday October 25th, 2009.

Register or donate at:

[http://events.lungevity.org/site/TR/2009TRs/General?team\\_id=11150&pg=team&fr\\_id=1910](http://events.lungevity.org/site/TR/2009TRs/General?team_id=11150&pg=team&fr_id=1910)

We miss you Bill.

Appalachian Mountain Club  
NY-NoJ Canoe & Kayak Committee  
Editor: Connie Farley  
354 Ridgedale Avenue  
East Hanover, NJ 07936

## The Red Witch

**Charles Michener**

My Paddling Thoughts

**I am a glutton for punishment.** First I am a canoeist, with bad knees; the pain starts after about ten minutes on the water and doesn't stop till I am off the river. But I love that high up view and the way you need to choose your lines most carefully. The challenge of being an open boater changes you're perspective. I have spent years learning OC-1 and paddling my Outrage. She is a beautiful boat, handles well, and ferries like a dream. With my Outrage I have slowly gotten better at paddling white water. Got my Class 3 rating with the AMC and am real happy about it.

**So why would I change?** Recently I bought a new boat (new for me) a Pyranha Prelude - bright red and only about 9 ft long. Turns on a dime and **rolls like a log**. Now I have no roll so the log part is a little troubling. In this boat I have turned back into a novice. My first day in the new vessel was terrifying survival paddling on the Lower Yough. Then I moved on to embarrass myself by swimming though the slalom course on the Esopus, while calling to the people on the shore "*Sorry for messing up your race*". I have progressed all the way up to only scaring myself on the Mongaup.

**But she has cast her spell**, and gotten a name already. "The Red Witch". She is beautiful and beguiling and maybe one day we will come to some kind of understanding about working together with the river. But for now she is still winning, but I keep working and will not give up. Now I have a friend, who will remain nameless here. Who has said that the boat is just too small for me and that I will never get used to it. But this dear friend is just as happy to offer to buy the Witch from me. Not likely to happen friend! I have not abandoned the old Outrage, the Inadvertent and I still have many miles to paddle yet.

Although for some places **the Red Witch will cast her spell**.