



PADDLE SPLASHES

NEWSLETTER OF THE NY-NOJ AMC CHAPTER – CANOE & KAYAK COMMITTEE

April 2010

Pool Session Review

Ara Jingirian

Pool Session Coordinator

The pool sessions were a great success!

Although we had smaller turnout than last year, we do have a few new participants interested in joining us on the rivers. They have already signed-up for the beginner instruction classes and eager to get wet.

Thanks to all who helped out with the instructional as well as with the equipment transportation.

Pool Stats: Here's the breakdown & statistics.

- o 97 registrants over 8 sessions + 55 NJIT students.

(NJIT students are not accounted in these stats):

- o 33% beginner, 55% novice, 11% intermediate.
- o 64% used club boats
- o Only 1 canoe student (Charles). Need to find him a partner.

See pool photos page 7.

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AMC's WFA for Paddlers

Connie Farley

PS Editor

March 13-14, 2010 as the rains poured down...

and the wind-whipped the American flag atop Newark's Prudential office building to starch board stiffness; 23 students gathered in an NJIT classroom to learn what to do in wilderness first aid situations.



Matt, Richard, Maureen and Don

Wilderness First Aid

WFA is a course every person – whether you are a hiker or avid paddler - should consider enrolling in. Not only does it teach you how to Stop, Survey, and Think at the scene of an incident but it potentially makes you a safer person in your daily life.

Matt Theisz, Richard Dabal, Maureen McCahery, all volunteer health care providers, EMTs and knowledgeable first aid instructors enlivened the two-day class with their fast-paced teaching techniques and practical 'accident' scenarios.

Important concepts we learned:

- Put on your gloves! Your first priority is to protect yourself – 'if it's wet, sticky and not yours – don't touch it!'
- Accident situations require team communication and action. Assigned everyone a job – even if it is moving stones and wet leaves on the exit route.

See WFA photos page 9.

Continued on p. 4

Your CKC Committee

CKC Position: **email:** **Contact:**

Chair	Ara Jingirian canoekayak(dot)chair(at)amc-ny.org canoekayak(at)amc-ny.org
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Class 4 Paddler Coordinator	Chris Viani
Equipment Coordinator	Buddy Jedd canoekayak(dot)equipment(at)amc-ny.org
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Treasurer	Frances Ennis canoekayak(dot)treasurer(at)amc-ny.org
Trip Scheduler	Stephen Ferder Kayla Burlew canoekayak(dot)scheduler(at)amc-ny.org

Paddle Sport 2010

Thank you to our Volunteers

Dear AMC volunteer!

What would we do without you?

“Up a creek without a paddle”

Yes a cliché but wow so important – you (wink at your smiling face in a mirror!) are the single most important element of the AMC!

Because without your help, your willingness to say yes, your terrific enthusiasm for paddling, your knowledge of boats and how to maneuver from point A to B, your experience both positive and negative, we wouldn't have a club!

2010 Paddle Sport Volunteers

We couldn't do it without YOU!

Jill Arbuckle	Nathan Baker
Charlie Ferrigno	Barbara Ferrigno
Butch Futrell	Don Getzin
Rob Holbrook	Buddy Jedd
Ara Jingirian	Maureen McCahery
David Moskowitz	Judy Murphy
Kurt Navratil	Sandra Reyes
Mark Tiernan	Suzan Trevor
Tom Trevor	Mimi Zucker

The 2010 PaddleSport Committee

Kafi Adams

Connie Farley

Jeff Gregg

Carin Tinney

Special Thanks to: Jordan Yaruss

For his effective, eye-catching and enjoyable Power Point Video Presentation.

Over the years the focus of the PaddleSport show has evolved from primarily 'build-it-yourself' boats to plastic whitewater boats to family adventure trips or expeditions in sea kayaks, sit-on-tops, or peddle powered sail boats. These fun trips even include, boat camping, fishing or snorkeling right off the boat.

The change in the show's emphasis has created the huge need for help from our Quiet water / Touring water paddlers.

At recent shows, many of the club's volunteers only had boating experience derived from whitewater paddling – this made us unknowledgeable regarding the fast pasted evolution of QW / TW equipment, paddling techniques, and destinations.

Your help this year made a difference - as you are the expert, if you are having fun paddling and keep coming back for more - that is the best marketing tool we could ever hope for! Thank you.

Connie, Jeff, Carin, Kafi
2010 PaddleSport Committee

Paddle Sport 2010

Comments from our volunteers on this years show and what we could do differently next year.

Connie Farley

The best part is seeing paddling friends from other clubs, and meeting new potential paddlers. I even like talking to the vendors at the show, and asking or seeing what's new in their product line.

Kurt Navratil

Thanks to all that helped out this year. To those who organized this years PaddleSport, great job. Sign me up for Friday night 2011. We can celebrate my upcoming retirement.

Ideas for next year:

- Raffle a free membership not a free class.
- Offer free-goodies at the booth, like food / candy / bottles of water etc. I'm a fan of the booths with pop-corn and small water bottles.
- more photographs of our members 'in action'!
- replace the AMC mountain backdrop or change the picture to something water related.
- **Jordan Yaruss** who made the Power Point video, what a great job!

In looking at the names of the volunteers, I was pleased to see a lot of new names, but where are the older names we need a better mix.

Committee chairs should try to make it to the booth.

We need their input.

Some comments on how to sell ourselves: I have been in sales all my working life, started around 11 yo. The way I sell things is not to be pushy. Show your goods and let the buyers know how you feel about your product. I can sell anything if I believe in it. I believe in the AMC as all of you do. We need to get more paddlers interested in selling the AMC.

Kafi Adams

It's been a wonderful experience.

Now the fun begins, as far as Membership, we had a total of 81 visitors request more information.

Hopefully we will see some of these people on the water.

I will coordinate with Mark and Butch to see if anyone else signs up for the instructionals.

It would be great to know how all of our PaddleSport hard work translates into increased presence on the water.

Muchas gracias to all!

The CKC is pleased to announce
the winner of the
Raffle at PaddleSport
for a Free Paddling Instruction Class

Nicholle Sicknick
From N. Brunswick, NJ

Raffle rules:

- You are entered to win a free canoe or kayak instructional with the AMC NY-NJ chapter.
- You must be 18 years of age or older to enter and win this contest.
- If you are chosen as a winner, you will be asked to choose one of the instructional courses listed on the 2010 Paddling Season flyer; you will need to register for the course at least one month prior to the date of the event.
- Based on previous boating experience and/or other factors, the instructor may deny entry into the instruction of choice.
- You will be required to sign a Liability Waiver prior to taking a course or paddling with the AMC.
- This prize has no cash value but can be transferred to a family member who is at least 18 years of age or older.

Jeff Gregg

A heartfelt thank you to our volunteers, for all your help with our booth at PaddleSport!

I think **you all did a great job of representing the club**, sharing your enthusiasm about our activities and communicating the information that new folks would need to get involved.

I think **you all did a great job of connecting with a large number of show goers**. You are a great group and it was good to see you all again. Hope you enjoyed the show as much as I did, and maybe found those few additional pieces of "must have" equipment or maybe even another boat.

On Sunday, **we re-designed the setup of the booth**. We moved the table so that it was catty cornered and put the computer behind it. As the computer table was higher than the brochure table, this created something of a tiered effect, and helped tie things together more. Also, it seemed to create a more inviting space for folks to come into.

Thanks again for a wonderful job and your willingness to volunteer.

Hope to see you all on the water soon.

Membership Corner

Kafi Adams

Membership Coordinator

Hello my fellow paddlers and those with paddling aspirations.

I am deputizing you all to go forth and spread word of the fun and excitement to be had by paddling with AMC!

This is not the Crusades so bloodshed is not a requirement. But as with many things in life, it is all about whom you know.

So if you have friends, relatives, co-workers or maybe even enemies that you would like to convert, please let them know what a great group of people we paddlers are.

Also, if you know of any upcoming events, or people who have shops or businesses that reach other paddlers, please share their contact information with me.

If we can have our trips listed in places that other paddlers or even those with a remote interest in paddling can find them, we can expand our community. (Not in a cultish sort of way... insert evil laugh here.)

Some of us volunteer to lead trips and some volunteer on the Committee, but we can all do our part to share the wonderful world of paddling with others. This can even be as simple as a trip posting on the message board at work.

Please send emails with ideas, suggestions, contacts, etc. to:canoekayak.Membership(at)amc-ny.org.

See you on the river!

Lenny Grefig Appie of the Year!

Since joining AMC in 1993, Lenny has used her professional expertise, energy and enthusiasm to become involved in every level of the AMC – from trip leader to Chapter Executive Committee to Club-wide positions.

Lenny has consistently been one of our most prolific trip leaders, including a New Year's trip to the Great Swamp/East Branch of the Croton River, an area identified by the National Forest Service as a Highlands Conservation Focal Area and a Critical Treasure. Lenny marketed the event so that the largest local newspaper covered the story providing free publicity for the AMC and drawing attention to this environmentally significant area.

Lenny's many contributions to the Chapter and AMC include:

- Chapter Treasurer and member of the Chapter Executive Committee (1998, 1999, 2002, 2004, 2005)
- Member of the Outdoor Leadership Development Committee (2005 – present)
- Member of the Mohican Committee (2007 – present)
- Chair of the Canoe & Kayak Committee (2003 – 2004)
- Treasure of the CKC for 10 years plus right-hand assistant to the Treasurer for 2 additional years (1996-2008)
- Annually teaches a weekend Basic Canoe class – which is designated as appropriate for new members/ beginners
- Has taught CL2 whitewater instruction
- Teaches 3 paddling safety classes a year
- Teaches the CKC Leadership Training Workshop – twice a year.

AMC's WFA for Paddlers

(continued from p. 1)

More concepts learned:

- Use materials that are available (a break-down paddle, webbing) and use the patients gear first.
- Research water and weather conditions before you go out.
- Carry safety gear and know how to use it.
- Approach a patient so they can see you. This prevents head movement in case of spine injury.
- Think about everyone in the group, are they safe?
- Stay calm, inform you patient of what you are doing.
- Practice safety skills before you need them.

Special thanks to **Don Getzin** for arranging the use of Newark's NJIT classrooms for our two day WFA course.

WFA Matching Game: draw a line from Col A to Col B

Col A	Col B
SOAP	stop think observe plan
ABCDE	high altitude pulmonary edema
LOC	body substance isolation
DOTS	high altitude cerebral edema
RICE	circulation sensation motion
AVPU	look ask feel
HAPE	level of consciousness
STOP	signs allergies meds pertinent last events
BSI	subjective objective assessment plan
SAMPLE	acute mountain sickness
AMS	airway breathing circulation deformity environment
HACE	deformity open tender swelling
LAF	alert verbal painful unresponsive
CSM	rest ice compression elevation



CANOES FOR SALE

<u>Manufacture</u>	<u>Model</u>	<u>Name</u>	<u>Type</u>	<u>Color</u>	<u>Outfitting</u>
Dagger	Impulse	Deerfield	OC1	Green	Foam pedestal, thigh-straps, Footpegs, and 2 paddles
Dagger	Impulse	Pigeon	OC1	Red	Mohawk saddle, thigh-straps, footpegs, and 2 paddles
Dagger	Dimension	Lehigh	OC2	Red	Paddling thwarts, thigh-straps
Dagger	Discovery 169	Batsto	OC1/2	Green	Seats, solo paddling thwart, side flotation, and 2 paddles
Dagger	Discovery 169	Brandywine	OC1/2	Red	Seats, solo paddling thwart, side flotation, and 2 paddles
Dagger	Discovery 169	Nescopeck	OC1/2	Green	Seats, solo paddling thwart, side flotation, and 2 paddles
Dagger	Discovery 169	Schroon	OC1/2	Red	Seats, solo paddling thwart, side flotation, and 2 paddles
Mad River	ME	Cheat	OC1/2	Red	Solo/tandem, foam pegs, thigh-straps, footpegs, and 2 paddles

Notes:

1. All canoes are for sale BO – best offer.
2. All canoes for sale “as is”.
3. All are river-worthy.
4. All except the “Discoveries” have air-bags (which may or may not hold air).
5. To arrange boat inspection, e-mail [ar buckle\(at\)verizon\(dot\)net](mailto:ar buckle(at)verizon(dot)net)
6. All except the “Discoveries” may be inspected at our “Barn” in Pomona, NY. Driving directions on our website www.amc-ny.org
7. The “Discoveries” may be inspected at any time. They are stored on a trailer at AMC’s Mohican Outdoor Center near Blirstown, NJ. Bring a stepstool/ladder, in case the boat you want to inspect is on the top rack. ONLY the “Discoveries” are for sale, not the other boats stored on the trailer.
8. To bid, include the model and name of the canoe plus your address and phone number.

Each canoe will be sold to the best offer received by April 30th. You must collect the canoe no later than May 31st, or the sale will be cancelled.

E-mail your offer to [canoekayak.equipment\(at\)amc-ny.org](mailto:canoekayak.equipment(at)amc-ny.org)

The winning bidder will be notified in early May.

How to Submit a Trip for Publication

Guide for Trip Leaders

If you are planning on **leading a trip**, you need to submit trip write-up for publication & approval. You can either:

- a) submit to the scheduler, as in the past or
- b) enter the information on-line yourself.

a) **Submit the write-up to the Scheduler** – This is same process as in the past. E-mail the write-up to the Scheduler ([canoekayak.scheduler\(at\)amc-ny.org](mailto:canoekayak.scheduler(at)amc-ny.org)) and he/she will enter it into the database for you.

b) **Enter the write-up yourself** directly into the database via Outdoors.org – You will need login ID & password. Proceed to <http://trips.outdoors.org/index.cfm/method/trips.showlogin>

The system is pretty intuitive. Once you have entered the trip write-up on-line, double check that your trip is listed. All approved trip leaders were given login account last year.

For access information and/or instructions, contact Ara at [canoekayak\(at\)amc-ny.org](mailto:canoekayak(at)amc-ny.org).

Take a look at the schedule and submit trip write-up. The Scheduler can assist with the write-up or identifying potential co-leaders.

Boat Rental Fees

The following is the boat rental fee.

All boats, canoe, kayak, solo, tandem, quiet water, whitewater will be **\$20** for the first day and **\$10** for each additional day.

This change in rental rates is a snap to remember, makes record keeping easier and reduces the rate of renting a tandem canoe (previously \$15 per person, is now \$20 per boat).

So grab a tandem partner and rent one of our tandem canoes soon.

Renting Club Equipment Who to Contact:

Guide for Trip Leaders

Clarification on the new equipment rental procedure that was implemented last year.

Instead of fleet assignment, trip leaders who need equipment are asked **to initiate** the process by contacting the equipment coordinator, Buddy Jedd, at [canoekayak.Equipment\(at\)amc-ny.org](mailto:canoekayak.Equipment(at)amc-ny.org) and requesting the equipment(s) directly.

In the past, the equipment coordinator would contact trip leaders to advise them of their fleet assignment.

Over the past few years however, we have found that leaders are using the fleets less and less: when fleets were assigned, the leader sometimes wasn't using any boats, or at most 1 or 2 boats.

Ditto for the cook kits and other related equipment. Thus, the committee decided to modify the procedure.



Members Faces & Places 2010 CKC Trips, Events, & Activities. Some of the paddling fun we have.

Newark NJIT Pool Sessions



Ara, Asya, Vadim



Mark



Zack



Casey



Kafi



Amanda. Hey this is fun!



Butch



Cameron



Buddy



Clare teaching



Bob



Matt, Elizabeth, Butch hanging in (out?)



Casey



Joe



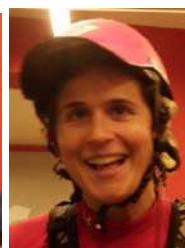
Ruben



Cheers David!



Cristiano



Pamina



Woo-hoo Sozanne



Sozanne & Charles's feet



Jordan & Jordan

AMC's NJIT pool sessions run from February to April of each year. At each session all equipment is provided. A nominal fee is charged for each class. Qualified instruction is available at no cost; and many of our instructors are ACA certified.

Come to the pool: practice your roll, learn advanced rodeo moves or just have wet fun with us – there is a reason why we are smiling!

Big thanks to **Ara Jingirian** our pool coordinator!

Ramapo River March 6 - Leader S. Ferder



Trip Leader Steven



Henry, Joe



Boat traffic



Jeff



more boat traffic



Neil, Carin –
remove a strainer



John



Carin surfing



Henry



Neil



Jill



Amanda



Charles & Sozanne

Sun,
warm temperatures,
snow,
spring run-off
all combine to make paddling on the Ramapo River the perfect early season run.

Ramapo the canoes outnumber the kayaks! We even had a tandem open boat

Wilderness First Aid March 13-14



Our classroom at Newark's NJIT



Maureen discussing procedures while Matt stabilizes Rob's head

Do you know the ABC (DE's) of first aid?
 In a first responder wilderness scenario?
 Sign-up for the AMC WFA class to learn what to do.



Rob's splinted leg



Carin adjusting a splint



Kurt



Many ways to splint an arm
 Look closely – even use your shoes!



"River" accident scene – Carnage! What would you do?

WFA the best way to be prepared is to practice before an emergency situation arises.

Play the WFA matching game p. 4



Jordan's full body splint



David's break-down paddle splint



Carin, Jennifer
 The hip bone connects to the thigh bone



Andrew's 'broken' arm



We even had to take a test! Richard, Matt scoring our exam.

Tohickon Creek Spring release March 20-21 - Leaders C. Michener & S. Solmaz



Linda



Zack, Mark, Michelle



Sozanne



Monica

Tohickon Creek

The Delaware River almost flooded the take-out at Point Pleasant, PA.

We had warm weather, temps in the high 70's!

Lots of paddling friends came out for early spring fun.



Jennifer



Stephene



David



Jennifer & Andrew
Topo-Duo-ing It!



Stephe, Kerri, Connie, Carin, Michelle



Curt – surfing it up!



Send in YOUR pics!

All photos except noted by CFarley

PaddleSport March 26, 27, 28

Volunteers & visitors at the show.



Judy, Cath



Charlie & Barbara



Kurt, Rey



Victoria
photo by Tom Trevor



Carin, Jeff, Kafi
photo by Tom Trevor



Nathan (blue shirt)
With visitors signing-up
for more information.



Betsy & Brant



Rob



Connie, Jeff



Ara, Neval
Two clubs, two CEO's



Joe



Our booth, when Jeff had a rare moment to sit down!

Special Announcement!

Congratulation to our own Casey & Jeffrey on their engagement!



ADK Trip April 2-4 – Leader D. Brucas



Sweet music



Andrew L

Music, natural flowing rivers, food and of course friends!

This year's ADK trip had it all and more.
Thanks to all – the group increases each year!

Be sure to check our schedule for next ADK adventure.



Scouting: Adelene, Kerri



Jill looking up-stream



Linda, Sozanne



Rey scouting Horseshoe Falls



Bill, Kerri, Cameron



Outside Harden cabin

Barn Work Day April 11, 2010 – Leader Quartermaster C. Michener

Barn Work Day
 April 11, 2010
 Every year we clean the Barn to get ready for the upcoming paddling season. Everything we take out of the Barn – has to go back in...



If you have never participated in Barn Work Day – you are missing out on the FUN!
 Work is involved but what wonderful company!



Open boats were power-washed – goodbye dirt!
 Hello trash – all in Matt's truck.

These pictures don't do justice to all the great folks who contributed their skills and time to help all of us.



Huge thanks to: **Charles, Sozanne, Buddy, Matt, Jeff, Ara, Ken, Andrew, Connie,** and super duper thanks to **Michael, Joy and Jane** – can't wait to paddle with all of you!



Just look at our end result – a beautiful and organized Barn!



These folks don't turn their backs on you!
 Joy & Jane smiling

TRIP A GO-GO!

FILE YOUR TRIP REPORT HERE

We love to share our paddling experiences. Our valuable Trip Leaders and Trip Participants submitted the following trip information for your enjoyment.

FEB 6 & FEB 27 MULLICA EXPEDITION - GREGG

Twice a No-No

I ended up cancelling the Mullica trip because the forecast was so bad on Thursday into Friday, with a chance that the bad weather might continue into the weekend. That was after we already rescheduled it from the original weekend, for bad weather.

MARCH 6 RAMAPO RIVER - FERDER

Tuxedo, NY

Leader: Stephen Ferder. Weather: sunny

Boats: OC's, K's and even an OC2!

MARCH 20-21 TOHICKON CREEK- MICHENER / SOLMAZ

Ralph Stover State Park, PA

Leaders: Charles Michener and Sozanne Solmaz

15 Participants, Weather was sunny and toasty for March!

APRIL 2-4 UPSTATE NY & ADIRONDACKS - BRUCAS

PLACE: THE ADKS. RIVERS: OTTER, INDEPENDENCE, WEST

CANADA, SPIRIT, FISH, CATSKILL CREEK

COMMENTS: THANK YOU DAVID FOR GREAT WEEK END! NOW I

KNOW WHY THE TRIP IS SO POPULAR! PAMINA.

GREAT FOOD, COMPANY AND RIVERS. STEPHENE

CALENDAR OF EVENTS

APRIL 11, BARN WORK DAY

PLACE: THE BARN

TIME: 10 A.M.

Barn Work Day has been scheduled for Sunday, April 11, at 10 a.m.

ADVANCED NOTICE – SIGN-UP FOR THESE TRIPS!

MAY 28 – 31 MEMORIAL DAY LONG WEEKEND AT THE LOWER YOUGH, PA

CL3 Lower Yough – Group camping.

JULY 3 - 5, LOWER YOUGH, PA

CL3 Rock the Yough - 4th of July Weekend

JULY 31, MERRILL CREEK RESERVOIR QW

Merrill Creek Reservoir QW

Date : Jul 31, 2010

Jeff Gregg

AUGUST 7, PADDLER'S PICNIC AT MOC

PLACE: MOC TIME: ALL DAY

Picnic & Boat House Work Day

Need coordination please contact us if interested.

AUGUST 14, MINNISCEONGO & CEDAR POND CREEKS

Minnisceongo and Cedar Pond Creeks

Date : Aug 14, 2010

Jeff Gregg / Tom Trevor

SEPT 10 – 12, BASIC CANOE INSTRUCTION

Attention: All Boaters

Quiet water / Touring water / Whitewater

WHAT DO YOU WANT TO LEARN THIS YEAR??

The Instructional Committee is looking for your help and input in planning this coming season.

We are asking you to **tell us** what skills you would like to learn.

Answer the questions below and send them to: Mark Tiernan, at [Markfrog182\(at\)aol.com](mailto:Markfrog182(at)aol.com)

1. What type of instruction would you like to see the club offer?
2. What skill or instruction would you like to review or refresh?
3. What personal goal might you have for the upcoming paddling season and what instruction could help achieve that goal?
4. We are also asking for your help with instruction. Is there anything you would like to teach or help teach?

Make a New Year's resolution to learn or help a fellow member –

Now's the time to learn and grow with the AMC.

Please contact Mark Tiernan, at [Markfrog182\(at\)aol.com](mailto:Markfrog182(at)aol.com) with any help or suggestions

ACTIVITY SCHEDULE – 2010

<http://trips.outdoors.org/index.cfm/method/public.publicsearch>

	Date	Touring Water	Quiet Water	Class 1	Class 2	Class 3	Class 4	Instruction /Misc/Holidays	
April	3-4					Fri-Sun: ADK Brucas	Fri-Sun: ADK Brucas	April 4 Easter	Tuesday: Pool Session Jingirian 4/6
	10-11	Sun: Work Day at the Barn			Shepaug and Farmington Edwards			Sun: Work Day at the Barn	
	17-18				MA Leader's Choice CL2+ 3 Ferder /Edwards			April 22 Earth Day	
	24-25	Sat: Splitrock Res QW Gregg							
May	1-2			Sat: Wappinger Creek, NY CL1+ Faller					
	8-9	Sat: Pelham Bay Clean-Up McCabe / Brummund						Pelham Bay Clean-Up	May 9 Mother's Day
	15-16	Fri – Sun: May 14-16 Beginner Kayak Instruction Sholtis	Walkill River Navratil			Stonycreek Rendezvous Farley		May 14-16 Beginner Kayak Instruction Sholtis	
	22-23								
	29-30	Sun: Passaic River Navratil				Lower Yough K.Klinger / Farley		May 31 Memorial Day	
	Middle Delaware Paddle & Camp Trip Brummund / Connell								
June	5-6	Sat: Intro to Paddling Bland			Esopus Creek Skylar / Viani			Intro to Paddling Sea Kayak Bland	
		Sun: Sea Kayak Instruction - Hudson River TW1 Bland					Instruction – Hudson River TW1 Bland		
	12-13	Sun: Walkill River Navratil						Sat: Rockaway River Clean Up McCabe	

ACTIVITY SCHEDULE – 2010

<http://trips.outdoors.org/index.cfm/method/public.publicsearch>

June	Touring Water	Quiet Water	Class 1	Class 2	Class 3	Class 4	Instruction /Misc/Holidays
19-20 Father's Day					Fri-Sun: Deerfield Brucas	Fri-Sun: Deerfield Brucas	June 20 Father's Day
21 Summer Begins!							
26-27		Sat: Farrington Lake QW Gregg					Fri – Sun: Beginner Kayak Instruction <i>Futrell</i>
							Fri – Sun Solo Open Canoe Instruction <i>Viani</i>
29-30							

Don't Forget ... upcoming AMC events 2010

<u>What</u>	<u>Where</u>	<u>When</u>	<u>Contact person</u>
Paddling Trips	NY, NJ, PA, MA	All the time	See our Website
Barn Work Day	The Barn	April 11	Charles Michener
Canoe & Kayak Instruction Classes	On a lake/river near you	May, June, Sept	CKC Leaders
MOC Paddler's Picnic	MOC	August	Details to come
Paddler's Party	Suffern VFW	December	Details to come
Next Paddle Splashes deadline is May 26 th , 2010 Send your articles to: CanoeKayak(dot)newsletter(at)amc-ny.org			

Connie Farley
Paddle Splashes Editor
354 Ridgedale Avenue
East Hanover, NJ 07936

Editors Note:

We are always looking for articles or photos for our newsletter.

Don't be shy – get yourself published!

Padding Thoughts

by Charles Michener

Thinking of Barn Work Day, please come and lend a hand and hammer.

APRIL 11, BARN WORK DAY

Barn Work Day has been scheduled for Sunday, April 11, at 10 a.m. Please come out to our Barn storage facility, Pomona, NY – we have plenty of work to accomplish and look forward to seeing you!

We need your help with various tasks: Take inventory, equipment clean-up & sorting, general organization, etc...

If you've rented or picked-up club equipment in the past, you know how valuable the barn work day is. This is your time to help get the barn ready for the season.

Go on-line

http://www.amc-ny.org/schedule_search?filtercommittee=7

to "register" or for additional information. Contact the Trip Leader (Charles) with any questions.

Hope to see you there.