



PADDLE SPLASHES

Newsletter of the NY-NoJ AMC Chapter, Canoe and Kayak Committee

March/April 2007

Appie of the Year—David Brucas ! By Henry Schreiber

At the Chapter Annual Dinner January 20, 2007, my last as Chapter Chair, I had the pleasure of presenting the "Appie of the Year" award.

Each year the Chapter recognizes the contributions that one of its members has made over a period of years, affecting more than just one committee of the Chapter. The Appie of the Year is selected by the Advisory Committee, which is a committee of all former Chapter chairs, from nominations received from Chapter members. Former Chapter Chairs are not eligible to receive the award.



**Congratulations
David Brucas
and
Henry Schreiber
from all of us!**

This year's Appie's first trip was on a cold winter day – and it wasn't a ski trip. Member since February 1998 – which is also the date of his first AMC trip—he's a kayak leader, instructor, a role model for new participants, a leader of very popular trips to the Adirondacks, and central Massachusetts, and a poker player! Almost all Chapter members, and many non-chapter members, have benefited from the work he work he has done for the Chapter.

This Appie has used his professional knowledge to help the Chapter and the Club – it would have cost \$50k – 70k to hire someone to do the work he has been done with a huge commitment of time and energy.

His contributions have been to our kayaking program and the Chapter's website. It gives me great pleasure to present this Appie of the Year Cup to David Brucas, webmaster and kayak leader.

Some previous Appies of the Year are:

Jonathan Silver, Ken West, Art and Nancy Tollefson,
Marty Cohen, Henry Schreiber, Don Getzin,
John Humbach and Jean Lumbard, Anita Baberis,
Fran Braley, Doris Repke, Wayne Foote,
Jane Levenson, Minor Bishop.

Congratulations David!

2007 Volunteer Leadership Award Henry Schreiber



Henry Schreiber received the Volunteer Leadership Award based on his long service to the AMC as NY-NoJ Canoe/Kayak Committee leader, Canoe/Kayak Committee Chair, Leadership and Training Coordinator, Editor of the NY-NoJ schedule of activities, Vice Chair and Chapter Chair, and Chair of the club-wide Outdoor leadership and Development Committee.

As Chapter Chair and OLDC Chair he has motivated and led volunteers to build well-organized and functional committees that are risk averse and financially secure. As part of the OLDC, he has given guidance to volunteers and staff to help reduce risk to the Club while streamlining paperwork and satisfying the overall collective voice of the various AMC Chapters.

Henry has contributed to AMC by bringing forth a more unified leadership policy through the deliberate and concise initiatives he is spearheading. In addition, his relentless attention in ensuring an event packed schedule for the NY-NoJ Chapter provides over 13,000 members the magic of what AMC has to offer.

Finally, Henry made it possible for 12 committees from his chapter to be included in the AMC's on-line trip listing database through a bulk upload capability. His commitment, contributions and efforts precede him in the silence of the humbleness that delineates a person of honor, respect and contribution. Congratulations Henry!

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Next CKC Meeting May 9th

Next Newsletter deadline May 15, 2007

Canoe & Kayak Notes

Meet the Committee: In the past, our chapter's Canoe & Kayak Committee has been blessed with the efforts of many knowledgeable, hard-working volunteers. This year's committee is no exception. Here's a brief introduction to the new members of this year's committee.

Bill Canfield, Trip Scheduler

Growing up I spent my summers in the 100 mile wilderness in Maine, and paddling for me started in a canoe when I was a little kid. My first taste of whitewater was Skinners on the Delaware River during a high school canoe trip. In the mid-90's I finally signed-up for a whitewater kayak course with Zoar and I paddled my first AMC whitewater trip in 2002. Through the AMC I've paddled with and befriended a great group of people who've given their time to help me advance my skills. I read a passage once that has really helped my paddling: "Apply your mind to instruction, and open your ears to knowledge when it speaks". There's always a better boater on the river. I try to find that person and open my ears (and eyes!). Luckily for us, the AMC is full of them. My only other word of advice: fly to Chile and paddle the Futaleufu. A paddling Mecca awaits you...



Rob Holbrook, Co-Equipment Scheduler I am half of the Rob and Sarah team. We have only been paddling kayaks for a year, but what we lack in experience we make up in enthusiasm. Pretty much every river we have paddled has been a personal first descent, every corner a new unknown adventure. I grew up in "The South", where we have a long tradition of combining great whitewater rivers, and pool toys....which also means I am naturally unsuited for cold weather activities, so you will not see us in the water in January and only in pools in February. We are looking forward to a great 2007 and the challenge of following water downhill over big rocks.



The **schedule** (p. 7) now includes selected trips offered by our neighbors in other chapters. If you can't join one of ours, consider one of theirs. To register for a trip from other chapters, see their website or *AMC Outdoors*

For Sale: I live on the Raritan River in Piscataway, NJ. I am moving out of state and must sell my home. It would be an ideal home for a canoe enthusiast or a bird watcher. I would very much like for one of these to be the buyer. Thanks! Mike Rothkopf, 732-699-9318



Paddle Splashes is on-line!

View PS as soon as it is uploaded!

Contact PS editor to convert to the electronic news— you'll be glad you did.
On-line subscriptions save printing costs and trees!

PSonline@amc-ny.org

Next CKC meeting: May 9, 2007

If you would like to contact us use the emails listed below.

| | |
|-------------------------------|--|
| <u>Chair:</u> Marty Plante | canoekayak.chair(at)amc-ny(dot)org |
| <u>Equipment Scheduler:</u> | canoekayak.equipment(at)amc-ny(dot)org |
| <u>First Aid</u> | wildernessfirstaid(at)amc-ny(dot)org |
| <u>Instruction</u> | canoekayak.instruction(at)amc-ny(dot)org |
| <u>Membership</u> | canoekayak.membership(at)amc-ny(dot)org |
| <u>Member-at-large</u> | canoekayak.atlarge(at)amc-ny(dot)org |
| <u>Paddle Splashes Editor</u> | canoekayak.newsletter(at)amc-ny(dot)org |
| <u>Quartermaster</u> | canoekayak.quartermaster(at)amc-ny(dot)org |
| <u>Ratings</u> | canoekayak.ratings(at)amc-ny(dot)org |
| <u>Records</u> | canoekayak.records(at)amc-ny(dot)org |
| <u>Safety</u> | canoekayak.safety(at)amc-ny(dot)org |
| <u>Sea Kayaking</u> | canoekayak.seakayaking(at)amc-ny(dot)org |
| <u>Secretary</u> | canoekayak.secretary(at)amc-ny(dot)org |
| <u>Treasurer</u> | canoekayak.treasurer(at)amc-ny(dot)org |
| <u>Trip Scheduler</u> | canoekayak.scheduler(at)amc-ny(dot)org |
| <u>Webmaster</u> | webmaster02(at)amc-ny(dot)org |

Workday and Fun

at The Barn
Apr 15, 2007
9am-5pm

Whether it's for the day or an hour, your help is needed. Join us for a fun day of working on the club canoes, recreation kayaks, touring kayaks, equipment and storage facility at The Barn. Learn new skills; use the skills you already know, and help us bring the fleet up to readiness for the coming season.

Register for this work day by e-mail to: TTrevor675(at)ao1(dot)com or call Tom Trevor at 845-638-0638 (before 9 p.m.)

What did you do this winter?

Over the winter, in preparation for spring paddling, Dick Bailey focused on the upcoming March issue of Sports Illustrated. [DB](#)

Absolutely nothing! Well, not quite true. I was able to finish replacing the wood on several open boats. Then when the weather got colder I took my work inside and repaired several floatation bags. Recently I've perused the schedule for April trips to list in my scheduler. Otherwise I was hiking or skiing! See ya in the spring! [Paul Edwards](#)

Bob & I spent about 6 weeks of the winter in Utah, skiing most of the mountains. It's fun to be retired. [Phyllis & Bob Lindquist](#)

To increase paddling fun: I looked into & invested in a drysuit & spray skirt - turning chilly runs into comfy ones. Having this confirmed on the Winnepesaukee, NH 1-1-07, made it very hard to get through the mid January - late February drought. Fortunately there were pool sessions & snow (money in the bank) to keep hopes alive. Walking through last weeks rain I finally understood the words of the song "I'm only happy when it rains". I also took the Wilderness First Aid course and looked at Wayne Gman's river hazards presentation and still want to keep paddling.... [Hanno Schop](#)

This maybe of interest (next year) to AMC members of NY & No Jersey who cannot attend the NJIT Pool Sessions because they are inconvenient regarding the time or the distance or both as in my case! I have been playing with my Greenland style Skin On Frame Kayak. http://brooklynkayak.com/video/pool-2007-02-04/tim-layback_high_brace.mov. I've been going to the Connecticut Flat-water AMC pool sessions in Greenwich every Sunday. Jean Trapani the flat-water chair does a great job! All are welcome, and a really nice group of people attend. A number of Sebago Canoe and Kayak Club, Flushing Bay Brooklyn, members usually show-up. The last session is March 11th. I will be sad on that day. I really really got accustomed to seeing the group every Sunday and having lunch with them! It is almost like a family affair! Well, next winter! [Tim Timko](#)

Lynda and I have gone skiing every Sunday this winter. Saturday's I drove up into PA to photograph eagles or had to work. The skiing has been great, eagles, no so great. [Kurt Navratil](#)

What did I do.....An ancient form of transportation using water and gravity.....no not paddling. Skiing (and a little skating). Been to Washington, Canada, VT, NH, and don't forget the Catskills. [David Rosenfeld](#)

Alas my paddles and canoes are probably going into semi-retirement. I usually spend the winter looking at garden catalogs, planning my garden, and dreaming of warmer weather when I can garden and go paddling again. I peek at the upcoming trips, and start marking my calendar for the class 1 and 2 trips, think about instructing and leading trips. And I would have been looking at flat and brown water as well, now that I have a Flashfire. This winter, I am spending learning to be a mother. I think about her romping through my garden, and jumping up and down in delight when she sees a troop of paddlers put in for a day of paddling. She will want to try it someday, I think. She loves water. Parenthood is best approached while you are still in your child bearing years, but still worth sneaking it in at the very end...[Aviva Glass](#)



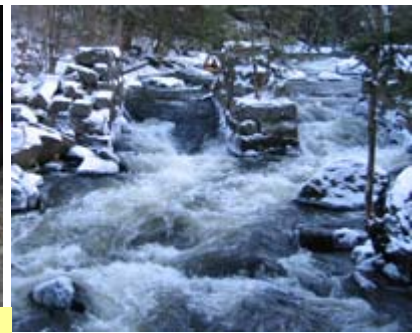
Aviva & Leela

When the weather gets cold and the snow begins to fly, you'll find me chasing powder from the Green mountains to the Rockies. I really feel that skiing and kayaking are complimentary sports. Both require a fine sense of balance, and both take you to beautiful wild places! While skiing focuses on working the legs, kayaking's emphasis is on the upper body...what better way to cover all muscle groups in the course of a year? So when the alpine snow-pack begins to melt and flows into the rivers, I like to think that a springtime run on a rushing river is just a continuation of an earlier untracked powder day. [Steve Collins](#)

I went skiing (downhill and XC) and snowshoeing - two trips out west! [Jeanette Davies](#)

I've been thinking about trying whitewater this year, as my paddling has mostly sea kayaking. Of course that means the special excitement of buying a new boat! My fleet only includes three. I've been reading about whitewater, checking out the specs on some options and counting the days until PaddleSport. The other big thrill was testing my winter mettle on the Annual Mullica Expedition. A little BRRRRRR, but the river was beautiful. [Jeff Gregg](#)

My best vacation ever....Left Sevilla, Spain on a BMW motorcycle, across the strait of Gibraltar into Morocco for 2 weeks. Traveled 1,800 miles to the Sahara Desert, over 3 mountain ranges, saw snow capped mountains up to 13,000 feet. Visited the ancient Roman city of Volubilis, saw the marketplaces of Fes, Marrakesh, Tangier and the capital city of Rabat. Great food, people, roads, scenery and weather. An unforgettable trip. [Mac McCaulley](#)



Winni/Warner Rivers, NH



Mullica River, NJ



Ramapo River, NY / NJ
John's first outing in his new boat!



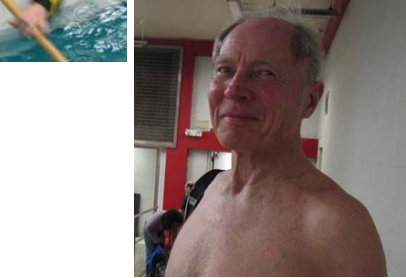
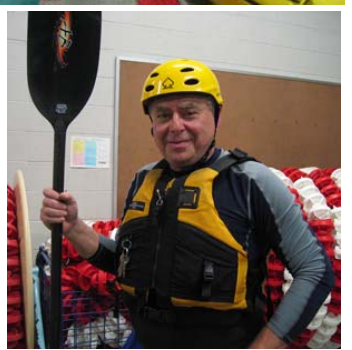
Tohickon Creek, PA. Spring Release—Even a major snowstorm didn't stop some folks! Very few boaters on Sunday. Bright clear day, and yes very cold





Ara
Jingirian

Coordinator
of
NJIT
pool
sessions



Thank you to all the instructors and students who joined us
In 2007
see you next year!



Wet exits,
rolls,
braces.
hip snaps,
NJIT pool has
it all,
plus great people!



Trip a Go-Go? Or A No-No? Curious about scheduled AMC trips you didn't attend?
Here's a column for trip leaders and trip participants that reveals the interesting trip figures and facts.

● **A Go-Go: Mullica River Expedition, Pine Barrens, NJ**

Date: February 10-11, 2007
Question: What do the numbers 3 ½ and 0 have to do with the Mullica River? Answer: 3 ½ degrees was the Sunday morning temperature and the 0 for NO SWIMS!
Leaders: V. Butler/ C. Gellerman. Participants: 15. Length: maybe 5 miles, seemed longer
Scenery: cranberry bogs, beaver dams, twisting tannic-colored waterway, ducking blow-overs, floating icicles.
Camping: 1 night wilderness expedition camping
Boats: 3 OC-2s; 2 RK-1s; 2 SK-1s; 3 OC-1s; 1 K-1
Weather: sunny/cloudy/cold temps ranged 3.5 F to 40 F. Water temperature: too chilly!
Food: lots! Happy Hour cheese and crackers, Butternut squash soup, beef stew dinner, birthday cake dessert.
After hours: warm campfire, Hot buttered rum, starry night, frost inside the tent (except for Kurt B., he had a portable heater!)
Other comments?? The river was so beautiful, cloaked in winter silence. We especially liked the ice shelves sticking out from the shore suspended 4-6" above the water and the funky shaped icicles which hung below and glistened in the sunlight. They really looked like crystals hanging from a chandelier.
 Best moments, loading the boats with gear, food and WOOD! Starry starry night, fantastical ice formations, and quiet moments on the river although there were some moments.
 Day two - with no one in front of me and no one behind me for quite awhile and a had a fleeting moment - did I pass the take out and I am so ready to get off this MULJJU^&\$#\$ river! oh yeah next year we will get that great shot of Connie charging down the river, into the sunlight with water flying off her paddles.

Special Note: We are looking for a new leader to take over the Mullica River Expedition in 2008 - if you are interested please contact the Trip Scheduler.

● **A Go-Go. Leader Training Workshop, NY, NY**

Date: Saturday, February 24, 2007
Leaders: Lenny Grefig/Henry Schreiber
Instructors: Lenny Grefig/Henry Schreiber/Aaron Gorban (AMC Manager of Leadership Training and Risk Management)
River: AMC Chapter Office 5 Tudor City Place, NY
Miles Paddled: 0 miles paddled
Number of Participants: 6 students, 3 instructors. Boats used: none
Weather: Don't know, we were inside, with no windows.
Side-trips: Mens/Womens room
Food: Pizza: (1) plain, (1) pepperoni, (1) veggie (onion and something). Scenery: four walls; one had pictures of various AMC activities, another had a picture of the Bronx River Cleanup from some years ago.
After Hours: All went home.



Leader Training Workshop picture - Left to right: Aaron Gorban (Instructor), Stan Kline, Elynn Ihrig, Skip Doyle, Sozanne Solmaz, Margaret Angelo-Kline, Wayne Gulmantovicz

● **A Go-Go (Yes....barely): Penguin Paddle**

Date: February 25, 2007 Leader(s): J. Koermer
River: Delaware - Wing Dam. Miles Paddled: 1? Number of Participants: 6
Boats used: playboats except for the lone creeker
Weather: bright & sunny, a little chilly
Side-trips: Does New Hope Count? Food: Havana - Plantains with Mole Sauce - YUM!
Interesting Facts: The Delaware was ice free when nothing else was. Scenery: White.
After Hours: Did I mention yummy plantains with Mole Sauce
Any other comments?: Shear desperation and cold temperatures left us at the old trusty standby of the Wing Dam. I think it's the first time I've ever paddled the Wing Dam in the winter. Jennifer & Butch's 3-year anniversary of 12-month outdoor paddling club.

● **A Go-Go: Ramapo River**

Date: March 3, 2007
Leaders: Lenny Grefig/Henry Schreiber. Official trip leader Stephen Ferder unable to attend. Lenny and Henry assumed trip responsibilities.
Number of Participants: 9, 2 K-1s, 7 OC-1s. Other comments?: See photos p. 4

● **A No-No: Tohickon Creek, Pipersville PA.**

A major late winter ice/snow/sleet storm caused cancellation of the official trip. Road conditions throughout the Northeast were treacherous!
Date: March 17 & 18, 2007. Number of Participants: 0. Leader(s): John Robson.

ACTIVITY SCHEDULE – 2007

View schedule online at: <http://www.amc-ny.org/recreation.activities/canoe/schedule>

DVC = Delaware Valley Chapter; BC = Berkshire Chapter

| Date | Sea Kayak | Flatwater/ Brownwater | Class 1 | Class 2 | Class 3 | Class 4 | Instruc- tion /Misc |
|-----------------------------------|---|--|--|---|--|---|---|
| March 31 April 1 | | | | Sacandaga & Schroon Schreiber/ Grefig/Plante | | | |
| April 7-8 Easter / Passover | | | | Sat: Ten Mile Gastrich | | | |
| April 14-15 | Sat: DVC Barnegat Bay | | Farmington Peters/Bryan | Miller's Futrell/ Francis | | Mon:4/16 BC Pork Barrel | Sat: <u>Barn Work Day</u> Trevor |
| April 21-22 | | Sat: Bronx Rubins Sun: Walkill Arbuckle | | | | Stonycreek Rendezvous Farley/Tiernan | Fri – Sun Spring Gather- ing, Port Jervis, NY |
| April 28-29 | | | | Upper Lehigh McHenry | Sat or Sun: Leader's Choice DePue Fri—Sun West Holbrook/ Farley | | |
| May 5-6 | Sun: Split Rock Gregg | | | Sat: White BC Sun: Knightsville BC | | | Sat: Cleanup Rockaway River Connell/McCabe |
| May 12-13 Mother's Day | | Sat: Great Swamp Rubins | | Lehigh Farley/ Tiernan | | | Sat: DVC Canoeing for Beginners Workshop |
| May 16 | LEADER'S SOCIAL WEDNESDAY MAY 16TH | | | | | | |
| May 18-19-20 | Sun: Hudson Level 2 Bland | | Sat: Lower Delaware Pylka / McHenry | Slippery Rock DVC | May 19-25: Week of Southern Rivers DePue | | Fri—Sun Beginner Kayak Instr. Futrell Sat: Pelham Bay Cleanup Ken West |
| May 26-28 Memorial Day | | | Sat: DVC Brandywine Creek | | Western PA Canfield | | |
| June 2-3 | Sun: Meadowlands McCabe Sedge Island (Level 1-2) Collins | | | Esopus Grefig/ Schreiber | | | Sun: Basic Sea Kayak Instr. Hessing/Bonilla Fri-Sun: WW Solo Canoe Instr. Viani Fri-Sun: Begin- ner Kayak Instr. Butler |
| June 9-10 | | Sat: Raritan McHenry/ Pylka | | Lehigh & BBQ Kraft/ Linquists | | | Basic WW Safety/Rescue Schreiber/ Grefig/ Plante |

Appalachian Mountain Club
NY-NoJ Canoe & Kayak Committee
Editor: Connie Farley
354 Ridgedale Avenue
East Hanover, NJ 07936

Submission for next issue: Send in your articles, and share your canoeing/kayaking experiences and information in the next issue of *Paddle Splashes* due on May 15, 2007. Please send as an e-mail message to: [canoekayak.newsletter\(at\)amc-ny\(dot\)org](mailto:canoekayak.newsletter(at)amc-ny(dot)org). My sincere thanks to everyone who has submitted articles and information.

Don't Forget! - Coming up Events

AMC Barn Workday—April 15th contact Tom Trevor

AMC Spring Gathering—April 21-22. Hike, bike, paddle, nature workshops. Explore AMC diversity. Greenville Conference Center, near Port Jervis, NY

RIVER / COSTAL CLEAN-UPS May 5th, Rockaway River Contact Diann Connell or Tanya McCabe; May 19th Costal cleanup in Pelham Bay Park Contact Ken West. 212-750-8870.
National River Cleanup Week is June 2-10, 2007

Leader's Social—May 16th at Café Italiano Ristorante. Englewood Cliffs, NJ. Cost \$35. Contact Maureen McCahery. All present and future AMC leaders cordially invited to join this social gathering. Let Maureen know you're coming! See special flyer in this issue.

Beginner's Kayak / Canoe Instruction May 18-20, June 1-3. Sea Kayak Instruction June 3rd. Solo Canoe Instruction June 2-3. Classes fill quickly, sign-up today!

Next CKC meeting: May 9, 2007

Next Newsletter deadline May 15, 2007

NEW

Whitewater kayaks may now be rented for trips rated Class 4!

Sea kayak trips may be rented for Level 4

Whitewater canoes may continue to be rented for trips up to Class 3

THE HONOR OF YOUR
PRESENCE IS REQUESTED AT

**THE AMC
CANOE & KAYAK
LEADERS' SOCIAL**

WEDNESDAY, MAY 16, 2007

AT

CAFÉ ITALIANO RISTORANTE

14 SYLVAN AVENUE

(AKA ROUTE 9W)

ENGLEWOOD CLIFFS, NJ

201-461-5041

**6 O'CLOCK IN THE EVENING:
GATHERING & SOCIAL**

**7 O'CLOCK IN THE EVENING:
DINNER**

**COST: \$35 PER PERSON, INCLUDING SOFT
DRINKS. CASH BAR AVAILABLE.**

THE RESTAURANT HAS REASONABLE WINE.
(THERE IS A CORKAGE CHARGE IF YOU
BRING YOUR OWN WINE).

RSVP BY MAY 2, 2007

MAUREEN MCCAHERY

9 WINDEMERE BROOK

SUFFERN, NY 10901

PHONE: 845-368-4249

E-MAIL: MMCCAHERY@OPTONLINE.NET

WITH YOUR INTENTIONS SO THAT SHE CAN
GET A HEADCOUNT.

Appetizers

Mussels, mozzarella, stuffed mushrooms,
calamari, stuffed eggplant

Entrées

Pollo San Remo (chicken breast
topped with roasted peppers and moz-
zarella in wine sauce?)

Chicken Francese (Chicken breast
with lemon and white wine sauce)

Veal Marsala (veal sautéed in Marsala
wine with mushrooms)

Veal San Marsano (veal sautéed with
artichokes, sun dried tomatoes, white
wine sauce)

Sole Oreganata (broiled filet of fresh
sole with herbs)

Salmon Porro (filet sautéed with diced
tomatoes, leeks, fresh herbs and white
wine)

Salad

Dessert

Fresh fruit platter