

# Happy New Year 2008 Inquiring Paddler ... New Year's Paddling Resolutions

#### **Charles Michener**

- Introduce one new open boater to the river.
- Paddle at least three new rivers.
- Push my comfort zone into harder rivers.
- Get better cold weather gear so I can extend my paddling season.
- Kiss Sozanne in the big eddy at the top of Zoar Gap.
- Paddle tandem with Sozanne on whitewater.
- Be kind to a kayaker, this one will be difficult!
- Tell someone, that doesn't know it, that I love them.
- Practice safety & rescue skills more often.
- NAIL DOWN MY ROLL!!!!
- Make ice cream again.

#### **James Dougherty**

I will not make lame excuses:

- 1) 'I gotta go to work'.
- 2) 'It's winter time'. With global warming, it is often warmer in January then in October! It was 53 degrees F, in West-chester today (Dec 29) and the sun was out. Time to adapt to the change.
- 3) 'The weather is bad'. Heck rain is good!
- 4) 'I'm tired'. You'll sleep better after a good work out on the river.

Here's my real New Year's resolution: Paddle as many obscure rivers as I can. Find two or three other paddlers that are hyperactive and serious about paddling. Meet up in the Southern Catskills, run the shuttle before the crack of dawn, have a great day on the river.

Afterwards, have coolers with food and drink.

**<u>Dick Bailey</u>**: resolves not to paddle in rain or cold weather.

**Ellyn Ihrig:** To become a better leader and encourage Long Island trips.

**Cath Kraft**: Getting back in shape:

My core for kayaking.
My knee for canoeing.
BUY A SEA KAYAK!

#### Tanya McCabe:

paddle more, paddle more, paddle more,

paddle more. PADDLE MORE.

PADDLE MORE,

### PADDLE MORE!

<u>Victoria Butler:</u> For the past 3 years, my resolution was always to try 3 new rivers in the upcoming year. For 2008, I think my resolution will be to make the ferry above Split Hair on the Dryway section of the Deerfield River and do it right-side up!

#### **Butch Futrell**

Yes! After my first trip on the Upper Yough I decided that it's time to get in shape again. It turns out that class 4/5 may require a little more physical stamina as well as paddling skill than class 3/4!!

### **Connie Farley** – **PS Editor**

My resolution is to simplify the newsletter! My plan is to change the way PS is formatted. Starting with this issue PS will now be published as a Word document instead of the MSPublisher previously used. I hope this change makes editing and user contributions easier for everyone.

And I'm taking up Tanya's idea to - Paddle More!

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### **Paddler's Perspective**

I will periodically use this space to bring you information from the Canoe & Kayak Committee (CKC), to showcase upcoming events and to ask for your assistance to help create a fabulous 2008 paddling season. We also need your brains, so please e-mail your paddling thoughts and ideas to: canoekayak(dot)chair(at)amc-ny(dot)org

Quiet Water Coordinator - The CKC welcomes Jeff Gregg to the new position of Quiet Water Coordinator. (Last year, the CKC voted to use the term Quiet Water (QW) to replace the prior designations of flat water and brown water.) The CKC will be working with Jeff to make our QW program a priority to reach the increasing numbers of recreational boaters. Jeff has created an ambitious plan to increase the number of QW trips, leaders and paddlers as well as discover new lakes, rivers and reservoirs to paddle. However he cannot do it alone; we need volunteers to lead QW trips and experienced paddlers to attend and help out. Please consider leading or joining us on a QW trip soon.

The Most Prodigious Paddler Contest — Win, recognition, fame, and fortune! Have you ever looked around on a trip and wondered, "Do these people have a life or do they paddle every weekend?" Let's have a contest to find the Most Prodigious Paddler in 2008. We will work on the honor system so keep a list of your AMC NY-NoJ Chapter CKC trips and send me an e-mail by March 8 with your list. We will publish the interim results in each Paddle Splashes up to the 2008 Paddler's Party where we will honor the Most Prodigious Paddler with 15 seconds of fame and some useless trinket.

**Website** – We desperately need help on the NY-No.J Chapter website. If you can program in PHP, CSS, MySQL and HTML, please contact me. We need you!

PADDLER'S PERSPECTIVE
IS
Contributed by
Victoria A. Butler



Canoe & Kayak Committee Chair 2008-2009

Victoria Butler holding the "river gods and goddesses" plaque. The river god trophy is passed every two years from out-going CKC chair, who was Marty Plante 2006-2007 to the incoming CKC chair, Victoria.

Leadership Training – Doesn't it always seem your trip leaders are having so much fun? We are! Leading AMC CKC trips is great fun and a wonderful way to help our paddling program. Don't worry we won't throw you in over your head (without a PFD); we will train and mentor you to become safe and effective leaders. Our next Leadership Training workshop is Saturday, February 23. For more information, contact Henry Schreiber at hfschreiber(at)pobox(dot)com or Lenny Grefig at grefig(at)bestweb(dot)net.

**CKC** meetings – CKC meetings are held 5-6 times a year and are open to all. The 2008 meetings are tentatively scheduled for January 9, March 19 (in NJ) May 14, September 10 and November 12. All are welcome and please bring your ideas.

Paddle Splashes is on-line! View PS as soon as it is uploaded! Send email to:

### PSonline (at)amc-ny(dot)org

To sign-up for the electronic issue. We will send you a notification when PS is ready.

### TADDLE SPLASHES

Staff editors, writers and photographers

Connie Farley
Charles Michener
Victoria Butler
Pinar Ayata
Kurt Brummund
Kurt Navratil

## NEWSLETTER OF THE NY-NOJ AMC CHAPTER CANOE & KAYAK COMMITTEE

### AMC NY-NoJ Canoe & Kayak Committee 2008

### Meet the CKC

Chair: Victoria Butler canoekayak(dot)chair(at)amc-ny(dot)org

I started paddling with the Chapter on July 31, 1999. On my very first trip I caught the kayak bug and my life has not been the same since. I have met a fabulous group of friends and (to paraphrase the Very Handsome Chris Viani) discovered a need to drive long distances to be wet and cold every weekend



<u>At-Large: Henry Schreiber</u> canoekayak(dot)atlarge(at)amc-ny(dot)org

My first day of paddling with the AMC was March 2, 1986. It was a cold day on the Ramapo, and the day after my birthday. The following year I started teaching canoeing, and leading trips; the following year I became an ACA certified canoe instructor. I was chair in 1992 and 1993, when it was still the Canoe Committee, and in 05 and 06 I was the Chapter Chair. I am now the chair of the Club's Outdoor Leadership Development Committee, but still lead trips, and teach (Basic Canoe, Basic Safety & Rescue, and Leadership Workshop). I also travel – about one third of 2007, on five continents.



Quartermaster AND CL4 Paddler Coordinator: the very handsome Chris Viani

Canokayak(dot)quartermaster(at)amc-ny(dot)org

I need your help! April 19 is Workday at The Barn – please devote a few hours to help us maintain our boat storage facility in Pomona, NY. Email me at the address above.



Equipment Coordinator: Rob Holbrook canoekayak(dot)equipment(at)amc-ny(dot)org
I have only been paddling since 2006 so every river is pretty much a PFD (personal first descent). I grew up in "the South" which means I am naturally unsuited for cold weather conditions

that is until I bought my drysuit now I'm on the river all year long. Whitewater paddling can be
 a new unknown adventure with a surprise around every corner.



Treasurer: Lenny Grefig canoekayak(dot)treasurer(at)amc-ny(dot)org

I began paddling and joined AMC somewhere around 1995. My favorite rivers, the Schroon and Esopus, are really completely different from each other but have two very common elements: both have water and both have rocks. I've been in the water on both and either my boat or I have been in close contact with just about every rock...on both. I give credibility to the phrase "I know every rock on the river." Just don't follow me. Kurt Navratil's photo of Lenny.



Instruction: Butch Futrell & Charles Michener

canoekayak(dot)instruction(at)amcny(dot)org





### **Butch Futrell (Kayak)**

I've been with the AMC since about 2000. I rafted the Upper Gauley a couple of times a long time ago and decided then that kayaking looked like more fun and I wanted to do that some day. Now I'm having fun on the Dryway, Tohickon, Brodhead regularly and looking forward to getting back to the Cheat, Shohola, Stonycreek, and oh yeah the Beaver was a blast too. Other activities? There are no other activities. OK, I may go skiing once or twice this winter but only when it's really cold.

#### **Charles Michener (Canoe)**

Crappy attitude crappy paddler (Editor's Comment – this is false), and just not a very nice guy (Ed. comment – this is NOT true!). Works too hard, doesn't paddle enough and will talk your ear off if given a chance (Ed. comment – this IS true!)

First Aid: Maureen McCahery Wildernessfirstaid(at)amc-ny(dot)org

I am co-chair of the Chapter's Wilderness First Aid Committee and have been on the CKC since 1996. I have held many roles in the CKC including First Aid Coordinator, Paddler's Party Manager and organized our Leader's Social. I paddled a tandem canoe for many years and recently have fallen in love with recreational kayaking.

## NEWSLETTER OF THE NY-NOJ AMC CHAPTER CANOE & KAYAK COMMITTEE

Membership/Publicity: Sarah Francis canoekayak(dot)membership(at)amc-ny(dot)org This year I plan to expand club membership through our various activity programs.

I am the contact for this year's Paddle Sport show; we will have an AMC NY-NoNJ membership drive at the show. Please send me an email saying you will help staff the AMC booth. See you riverside!

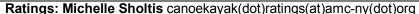
### Paddle Splashes: Connie Farley canoekayak(dot)newsletter(at)amc-ny(dot)org

I joined AMC in 2002 to paddle and haven't been disappointed since! Whitewater is my favorite but the quiet waterways of the Pine Barrens are amazing any time of the year – Mullica in February!

I became editor of PS Jan 2007, and set about filling the newsletter with pictures because no one reads the copy anyway<sup>©</sup>. For the coming year I continue to count on our NY-No. NJ membership for stories of their paddling adventures – I will especially be looking forward to your pictures – you received a digital camera for the holidays – didn't you?

### Quietwater Coordinator: Jeff Gregg canoekayak(dot)QW(at)amc-ny(dot)org

His first paddling experience was in a beloved, and heavy, aluminum canoe with his father during childhood camping trips. More recently, the sea kayak has become his boat of choice. He's been paddling with AMC for 4 years. Jeff's other interests include hiking, backpacking and cooking.



After fearing for my life in a few pool sessions but actually achieving the basic roll skills, Michel and I decided to take the intro whitewater kayaking class with Victoria and Butch...now look where I am! Four years later I have made a lifetime of memories with all of the wonderful people I have paddled with. My favorite rivers are the Chattooga for its pure beauty, the Tohickon because it's the Tohickon, the Yough because I now know what it is like to paddle it at a normal level and the Ocoee because I survived.

### Records: Marty Plante canoekayak(dot)records(at)amc-ny(dot)org

My career as a canoeist began during one of my extended backpacking trips in the Adirondacks. After a particularly grueling day on the trail, it occurred to me that paddling a canoe full of camping gear would be a lot easier than schlepping everything on my back. I joined the AMC in 1991, took a few canoe lessons and have been paddling ever since. When I'm not in a boat, I can be found hiking, skiing or snowshoeing, usually in the Adirondacks

### Safety: Ara Jingirian canoekayak(dot)safety(at)amc-ny(dot)org

I've been a member of AMC for about 12 years. However, I didn't start kayaking until 2002. After rafting on the Lehigh for so many years, my friend convinced me to sign-up for a weekend whitewater kayak clinic. I was hooked. At first I rented the club boats and soon after I got my own equipment. During the season, I'm out paddling most weekends. I've met some great people on and off the river.

### Sea Kayak: Carter Bland canoekayak(dot)seakayaking(at)amc-ny(dot)org

I have been an AMC member for more than sixteen years and an active paddler for six. I am an ACA-certified coastal kayaking instructor and have been working to expand the chapter's sea kayaking program both as an instructor and trip leader.

#### Secretary: Casey Bentz canoekayak(dot)secretary(at)amc-ny(dot)org

A transplant from Boston, Casey Bentz has been white water paddling since she was about nine yrs. old. Starting off in a tandem canoe with her dad, she later decided she wanted to be the "captain" of her own boat and enlisted her sister Kelly to teach her the ways of the kayak. Eleven years later she can still be found wielding a double bladed paddle and styling rapids on various rivers in the NY/NJ area.

#### Trip Scheduler: Bill Canfield canoekavak(dot)scheduler(at)amc-nv(dot)org

My paddling bio is in the last issue of PS, so I'd like to mention a few individuals that make our on-river paddling possible. This is my 2<sup>nd</sup> year as Trip Scheduler and it's been interesting to see the inner workings of the CKC. We are really lucky to have such dedicated volunteers, many of whom have been active on the committee for years. I'd like to give a special thanks to Lenny (Treasurer) and Henry (outgoing Records and new At Large), and a really big thank you to our outgoing Chair Marty Plante. I'd also like to thank everyone that led a trip or ran an instructional this past year. Without you nothing else is possible or necessary. Be safe this winter and I hope to see you on the river (soon).











### **Paddler's Party Appreciation**

New Kayakers Express Appreciation at Paddler's Party



Left to right: Pinar, April, Cath, Frances, Ken, Gretchen (at podium), Barry, Mark. Stand together in expression of thanks.



Butch and Victoria receiving thanks of new paddlers. Back row: Pinar, April, Cath

Left photo: Pinar Ayata, Ken Burlew, Frances Ennis, April Gentile-Miserandino, Cath Kraft, Mark Leenhouts, Barry Rosolen, Gretchen Tardell and Jordan Yaruss (not present)

took time out at the Paddler's Party to thank all those who supported them this year in advancing their paddling skills.

Gretchen spoke for the group and mentioned that "most of us started our kayaking adventures this year with the May and June instructions".

"We would like to expresses our appreciation to all the folks (too many to name) who took the time to paddle on rivers suited to new paddlers. The more experienced paddlers (both kayakers and canoeists) provided coaching and endless encouragement....

And of course were there for the occasional rescues." Gretchen additionally expressed, "very special thanks to Butch Futrell and Victoria Butler". In appreciation these new and committed paddlers presented a gift certificate from Outdoorplay.com to both Butch and Victoria.

It was agreed that the key to the groups paddling success was starting out with the two instructions in May and June and then proceeding with follow-up trip after follow-up trip for the 2007 paddling season. "As a result of this intensive coaching (and lots of fun) all are now committed active paddlers. Thanks again Butch and Victoria!" Gretchen concluded.

These "new" paddlers have also taken the AMC Leadership Workshop and are ready to assist and lead club trips.

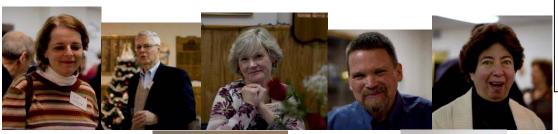
### Thank you to the "Retiring" CKC Members



Good-bye Marty. How did you break your paddle?

Many thanks to **Marty Plante** for his two years of dedicated service as Chair of the CKC. In addition to running the committee (no small task), Marty ran our safety and rescue classes and his wonderful "themed trips" (i.e., the Haunted Cruise on the Eerie Canal on Halloween weekend). Marty also undertook numerous projects which will benefit the CKC for years to come including his efforts to revamp our Class 4 rating process and updating the Feathers. No list of thank you's would be complete without thanking Marty's wife, Elisa for lending us her husband for the past two years. Lucky for us though, Marty and his Hawaiian shorts are not going far. Marty has agreed to stay on with the CKC and will take over our Records.

Good-bye and many thanks to the members of the CKC who are stepping down: we sincerely thank you for your time and dedication. Leaving the committee this term are: **Kurt Navratil** – past Instruction, **Mark Tiernan** – past Membership, **Tom Trevor** – past Quartermaster and **David Rosenfeld** – past Ratings.



Sue, Tom, Elisa, Jim, Lenny\*

\*CKC member



Pat & Victoria\*, Sarah\* & Rob\*, Herb, Linda, Dale \*CKC member







Bill\*, Wayne, Ellyn, Tom, Sylvia, Kurt

\*CKC member



John, Ken & Judy, Megan, David, Cath



Elaine & Paul, Diann, Mark L, April, Hanno & Vida, Mac



Dianne
Sozanne
Charles\*
Kathy &
David\*\*

\*CKC member

\*\*AMC webmaster

\* CKC members' photo from 2007 Paddler's Party. See page 3 & 4 for committee position and email

### Save this date: August 9, 2008

We are planning a summer-time picnic at Mohican Outdoor Center, Blairstown, NJ Everyone is welcome: bring your family, paddlers and non-paddlers.

More information to come!

# NEWSLETTER OF THE NY-NOJ AMC CHAPTER CANOE & KAYAK COMMITTEE



Ken, Gretchen, Sozanne, Connie\*, Barbara, the very handsome Chris\*

\*CKC member





Michelle\*, Stephen, Michel, Jill, Kerry, Matt

\*CKC member





Ara\*, Butch\*, Si, Bob, Phyllis

\*CKC member



Lois, Tim, Bob, Curt, Michel, Mark







David, Si, Frances, Gretchen, Ken,

Party View



\* CKC members' photo from 2007 Paddler's Party. See page 3 & 4 for committee position and email

### **NEWSLETTER OF THE NY-NOJ AMC CHAPTER CANOE & KAYAK COMMITTEE**

Harv Kunz Had us dancing the night away thank you for the Lively music!



Helga Trocha "Party Planner Extraordinaire"



Outgoing NY-NoNJ CKC Chair Marty Plante

> Incoming Chair Victoria Butler





Table is set. and we are hungry! Leftovers were donated to a shelter.





Connie presents Kurt Brummund with the Big Bass. Kurt helped out all year long - whether it was with the newsletter or on trips - he was one of the first to volunteer his time. Thank you!





Pinar Ayata our party photographer







Leela taste testing: Avia and Jim watching; party's over, see you next year!

Paddling Related Event: Lehigh Valley Canoe Club 6th annual Paddle Film Fest, at Saucon Valley High School in Hellertown, Pa. Feb 9th, 2008 12 noon - 6 p.m.

### **December 2007 Paddler's Party** by Helga Trocha

I'd love to publicly extend my thanks to each and every one who volunteered. You all worked like a well oiled machine.

In recognition and appreciation of the ladies, who volunteered for the party, I asked them to take home the centerpieces.

I extend an apology to the men for being sexist. I did not offering them any arrangements.

If I ever make an arrangement of six packs of beer, the guys will have first dibs.

Thank you for your emotional support regarding the table clothe crisis, my color scheme was disrupted!

The leftover entrees were donated to Grace's Church in Jersey City which has a lunch program to feed the homeless.

#### Thank you to:

Kerry O'Brien: excellent job with the punch; it is a hit! Bob & Phyllis Lindquist - thanks for the help during the party and slicing up the cakes.

Pinar Ayata & David Moskowitz: were amazing with the appetizers, slicing and plating. Also. I hope you appreciate the idea of tasting everything before it leaves the kitchen.

Lien Olshtoorn & Elisa Plante: did a great job troubleshooting - and keeping an eagle eye on the stove.

**Diann Connell:** the arrangements were gorgeous.

Jill Arbuckle: I hope you had fun with the confetti.

Jim Rubins - thanks for helping watch the food during the party.

**Ken Burlew:** you were so very attentive.

Lois Gessner: Always a pleasure having you around. Matt Theisz: thanks for cleaning up it is my least favorite

Ara Jingirian: you really spearheaded this, clean up is miserable task.

Steve Ferder: you didn't sign up but thanks for pitching

Marcia Stearn & Ellyn Campuzano: for womanning the door and helping take care of the name badges.

Kurt Brummund: you were the savior with the coffee and tea pots; for stocking up the bar...no one can go thirsty around you.

Herb Stermer: you were all over the place, thanks.
Fran Schultz: I loved the support – and getting things started before I showed up.

Marty: thanks for bringing Elisa... thanks for all your running around and support, you were a great CKC Chair, but PLEASE LEAVE THE PARTY PLANNING TO ME!!

To anyone else who pitched in and I missed thanks for your help. I would love to work with all of you again.... I had a blast doing this!

SEE YOU ON THE WATER - be safe and be happy. Helga Trocha - Party Planner Extraordinaire.

Trip a Go-Go by Henry Schreiber					
Trip Name	Great Swamp/East Branch of the Croton River (we should have called it an "ice breaker" – we had to beak through the ice at the putin).				
Date:	Tuesday, January 1, 2008				
Leaders:	Henry Schreiber and Lenny Grefig				
River:	Great Swamp/East Branch of the Croton River				
Location, Miles Paddled	Putnam County, NY Due to weather, we paddled only the section from route 22 to the take-out at Green Chimneys.				
Number of Participants	15, including several who had taken Basic Canoe instruction in July or Sept.				
Boats used	Kayak, solo canoes, tandem canoes				
Weather	Snow, then rain, then some sun				

Food: Kurt Brummund brought coffee and donuts for before paddling. After paddling, at the takeout, we had two soups - potato leek, and beef made by Lenny Grefig, and Belgian chocolate cookies brought by Gail Glenn.

Interesting Facts: Much of the Great Swamp is within the Croton River Basin and flows directly into the East Branch Reservoir, which serves New York City. It contains critical habitat for bird and aquatic species—nine of which are rare, protects and purifies the water supply for millions of New York residents, is an aquifer recharge area, reduces flooding, and provides outstanding educational and recreational opportunities. This vital and fragile natural resource needs to be safeguarded from further development and associated runoff. In order to protect the unique habitat of the Great Swamp, the diverse range of wild-life it supports, its scenic value, and its critical function of water purification, both the in holdings and surrounding uplands need to be conserved. Large parts of the Great Swamp's 63,000-acre watershed have been identified by the Forest Service as a Highlands Conservation Focal Area. For more information on the Great Swamp, see <a href="https://www.frogs-ny.org">www.frogs-ny.org</a>. For more information on the Highlands, and the Critical Treasures within it (including several rivers that we paddle), see <a href="https://www.highlandscoalition.org">www.highlandscoalition.org</a>.

Scenery: A misty swamp with numerous beaver lodges, a river otter, some waterfowl, and a great blue heron that after taking off disappeared into the mist.

Any other comments? A reporter from *The Journal News* saw the trip listed on *Metro Sports New York Online* and made arrangements to meet us and do a story about the trip. Several paddlers were interviewed. The story was published the following day, in both print and on-line media (http://www.thejournalnews.com/apps/pbcs.dll/article?AID=2008801020353). There are also photographs taken by a photographer for the paper. They were on the website (http://jukebox.lohud.com/photos/index.php?section=sports&date=2008-01-01) on the same day!



Kneeling left to right: Al Ulrich, Shiri Reuveni, and Gail Glenn

Standing, left to right: George Cartamil, Lenny Grefig, Kristen Sykes, Fred Beddall, Henry Degenhardt, Henry Schreiber, Stephen Ferder, John Robson, Kurt Brummund

Not pictured: Nancy Schuller and Kurt Navratil –group photographer

	ACTIVITY SCHEDULE - 2008							
	Date	Sea Kayak	Quite Water	Class 1	Class 2	Class 3	Class 4	Instruction /Misc
Jan	Dec 29- 30		East Branch Croton/ Great Swamp Grefig/ Schreiber					
Ja	5-6 12-13 19-20							
	26-27	Mul Bu						Tue: Pool Session Jingirian Tue: Pool Session
lary	9-10 16-17 Presidents							Jingirian  Tue: Pool Session Jingirian
February	Day							Sat: Leadership Workshop Grefig/Schreiber
	20 24							Tue: Pool Session Jingirian
	1-2			Sat: Ramapo Ferder				Tue: Pool Session  Jingirian
	8-9					Leader's Choice Koermer		Tue: Pool Session  Jingirian
March	15-16 Palm Sunday					Tohickon Canfield		
lacksquare	22-23 Easter				Sat: Ten Mile Gastrich			Tue: Pool Session Jingirian
	29-30			Sat: Paulinskill <i>McHenry/ Pylka</i>		PA Rivers Lindquist		Fri-Sun: Paddlesport
April	5-6		Sat: Pine Barrens Rubins Sun: Great Swamp NY Faller			Upstate NY & Adirondacks  Brucas		
	12-13	Sun: Split Rock Gregg			Shepaug Connell/Edwards	Zoar Gap/ Miller's Holbrook/Francis		
	19-20		Sat: Bronx Rubins					Sat: Barn Work Day Viani
	26-27 Orthodox				Farmington- Collinsville Connell/Edwards	Stonycreek Rendezvous Farley		
	Easter				Lehigh McHenry			

	ACTIVITY SCHEDULE - 2008							
	Date	Sea Kayak	Quite Water	Class 1	Class 2	Class 3	Class 4	Instruction /Misc
	3-4		Sun: Raritan Bay/ Cheesequake Creek Gregg	Farmington - Riverton Rubins/Peters				Sat: Rockaway River Cleanup McCabe/Brummond
	10-11 Mother's Day		Indian Lake Portmore		Lehigh <i>Farl</i> ey			
Мау	17-18					Bottom Moose	Fri-Sun: Beginner Kayak Instruction Sholtis	
					Gulmantovicz	Sat: Pelham Bay Cleanup West/Chasnow/McCabe		
	24-25 Memorial Day		Mullica Connell/ Chasnow/ Brummund	Sat: Lower Delaware <i>McHenry/</i> <i>Pylka</i>			Lower Yough Prook	

### **Paddling Thoughts by Charles Michener**

December 29, 2007, Saturday and warm. This week, between Christmas and New Year's, has been temperate enough for me, my boat and my wetsuit to go out and do some paddling. The rain has been falling on and off all week and the rivers are up. Around Wednesday evening someone suggested the Nescopeck or the Shohola.

Now the Nessy stands high in my esteem; a great river, fun, challenging and beautiful. It is a river that only runs on natural flow. I always feel like I have missed something special when it comes up and I don't go down it.

As for the Shohola, it's just over my head. My skills and I are not there yet. But from the pictures I have seen and what I've heard it is a great river too! It is on my must-run list.

I don't know if everyone has a must-run list but I do. It never gets any shorter. I run something that was on the list, then something new catches my imagination and gets added to the list.

Oddly for a whitewater addict not everything on my list is raging or above my ability. Most of it tends to be, but the Mullica is on it, so is the Brandywine, and I want to paddle though the Hagley Museum.

Anyway back to a warm December day.

So the week grows old and the e-mails start flying. SHOHOLA Damn, it is over my head, I have the will for paddling this balmy December day but not the skill for the Shohola.

Hmmm... Maybe not even the will if I really wanted to paddle I would be knocking on doors until I scratched together enough people who wanted to paddle something easier. Oh well, I have a job to estimate today anyway. Spring is coming!

### Advance Notice: Kayak / Canoe Instruction Classes

May 16 – 18 Basic Kayak June 6-8 Solo Canoe
June 6 – 8 Basic Kayak July 11–13 Basic Canoe
July 11 – 13 Basic Kayak September 6-7 Basic Canoe

Note: these classes fill up quickly – register promptly to reserve your space. Visit the NY-No.J CKC website for the latest information and trip schedule. http://www.amc-nv.org/recreational-activities/canoe/schedule/

# NEWSLETTER OF THE NY-NOJ AMC CHAPTER CANOE & KAYAK COMMITTEE

Appalachian Mountain Club NY-NoJ Canoe & Kayak Committee Editor: Connie Farley 354 Ridgedale Avenue East Hanover, NJ 07936

Just in! Congratulations to NY-No.J Executive for Facilities Chair

# Carson Tang – Appie of the Year! More info in the AMC newsletter *Trails & Waves*

### Submission for next issue of Paddle Splashes: Deadline March 15, 2008

Send your articles to canoekayak(dot)newsletter(at)amc-ny(dot)org
Our sincere thanks to everyone who has submitted articles, pictures and information to make
Paddle Splashes an informative and colorful newsletter!

Don't Forget – upcoming AMC events!				
What	Where	When	Contact person	
AMC Annual Meeting	January 26 Danvers, MA Sheraton Ferncroft Resort			
Pool Sessions	NJIT	Feb & March	Ara Jingirian	
Leadership Workshop	AMC NY office	Feb 23	Lenny Grefig / Henry Schreiber	
Paddle Sport	Garden State Exhibiton Center, Somerset, NJ	March 28 - 30	Sarah Francis	
Work Day at the Barn	The Barn	April 19	Chris Viani	
Kayak Instruction	May 16; June 6: July 11			
Canoe Instruction	June 6; July 11; Sept 6			
Paddler's Picnic	Mohican Outdoor Center	August 9-10	Connie Farley	
Paddler's Party 2008		Dec 6, 2008		

### **NJIT Pool Sessions**

#### 7 Tuesday night sessions

- 2/5, 2/12, 2/19, Time: 8 to 10:30 p.m.
- 2/26, 3/4, 3/11, 3/25 Time: 7 to 9:30 p.m.

No session on Tue, March 18 (Spring Break).