



PADDLE SPLASHES

**Lenny Grefig 12+ years
as CKC Treasurer
by Victoria Butler**

Lenny Grefig is leaving!
After 12+ years, Lenny is
stepping down as
Treasurer of the Canoe
Kayak Committee.

Twelve, 12, one dozen.
Anyway you say it, ... that
is a lot of years; in fact, it
may be longer than many
of us have been paddling!

To say that Lenny has been one of the longest and hardest
working members of the CKC would be an understatement. One
rough estimate is that she has processed over 1000 trip reports.
She has been an institution and the backbone of our paddling
community.

Thank you Lenny for your many years of dedicated and tireless service. You will be missed!
Let's welcome our new treasurer, Frances Ennis. Starting immediately, all trip reports should be sent to
Frances at: 378 Grasslands Road, Valhalla, NY 10595. You can reach Frances via email at:
canoekayak.treasurer@amc-ny.org.



Save this date!

December 6, 2008

Paddler's Party

Special CKC event – especially for you!

**Paddler's Party
at
West Nyack
Fire Headquarters
West Nyack, NY**



Bring your family, and
non-paddling friends.

More information on pages 6 & 7
of this newsletter.

Kudos to Lenny & Welcome to Frances:

**Lenny, thanks for all you have done, you are a
real trooper. AND, thank you for all you
continue to do!! Frances, welcome aboard.
Thanks for taking on the responsibilities of
Treasurer!! Our hat is off to you both. Michael
Dalton & Tanya McCabe**

Yes, definitely, I agree. Thank you so much Lenny!
You're the best! I still hope to SYOTR.
Congratulations, and thanks for stepping up,
Frances! Kurt Navratil

**Thank you Lenny for doing such a superb job as
treasurer for so many years.**

**Thanks to Frances for agreeing to take over.
SYOTR, Joe Sklar**

Great job Lenny, many thanks for your work and
time. Congratulations and thanks Frances for
stepping into those shoes. Helga Troche

*Lenny, Congratulations on the completion of your
extraordinary term as our Canoe & Kayak Committee
Treasurer! As someone who briefly held that job, I know how
much time is involved, and I join the rest of our members in
expressing our gratitude for your work on our behalf. In
addition, you were the person who always had the knowledge
about any financial questions that came up at the Executive
Committee. And you always take time to teach the
Beginners, Whitewater, and Safety & Rescue Classes.
Devoted members such as you make the AMC an inspiring
community to participate in! Thanks, many times over!*

*Frances, thank you also for taking on your new role. I
promise I'll send in my delinquent trip report soon!
Rich Breton*

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Editor's PS Notes

Connie Farley

**Paddler's Perspective
by CKC Chair -- Victoria A. Butler**

*Next issue of PS on-line and in your mailbox
Article information deadline is November 15, 2008.*

*Submit your articles, stories, recipes, pictures now or all
summer long – we will use your information.*

Sign-up for the electronic issue of PS.

Each home delivered issue of Paddle Splashes costs the CKC \$1.50. Sure that isn't so much but multiply that value times 5 issues per year and over 250 mail recipients -- it adds up!

Please consider opting out of the printed version – you will save us money which we can use to purchase new paddling equipment.

Advantages of on-line viewing: PS is in COLOR, and has more pages including member photos.

Come see for yourself...

Paddle Splashes is on-line! View PS as soon as it is uploaded!

Send email to: [PSonline \(at\)amc-ny\(dot\)org](mailto:PSonline(at)amc-ny(dot)org)

Sign-up for the electronic issue. We will send you a notification when PS is ready



Reminder come join us for the December 6, 2008 Paddler's Party

The Paddler's Party will have it all!

Did you know?

- 1876 AMC founded in Boston
- 1912 New York Chapter founded as first AMC Chapter
- 1977 AMC becomes open membership (no longer need to have current member sponsorship)
- 1984 New York Chapter changes name to New York-North Jersey Chapter
- 2003 AMC NY-No.J Chapter Canoe Committee changes name to Canoe Kayak Committee

**Welcome to our new CKC members,
Pinar Ayata, Anthony Chiarello
and Frances Ennis.**

CKC Position:	email:	Contact
Chair	canoekayak(dot)chair(at)amc-ny.org or canoekayak(at)amc-ny(dot)org	Victoria Butler
At-Large	canoekayak(dot)atlarge(at)amc-ny(dot)org	Henry Schreiber
Quartermaster	canoekayak(dot)quartermaster(at)amc-ny(dot)org	Chris Viani assisted by Anthony Chiarello
Equipment Coordinator	Chris Viani is also the CL 4 Paddler Coordinator canoekayak(dot)equipment(at)amc-ny.org	Rob Holbrook
First Aid	Wildernessfirstaid(at)amc-ny.org	Maureen McCahery
Instruction Kayak & Canoe	Canoekayak(dot)instruction(at)amc-ny.org	Butch Futrell assisted by Charles Michener (Canoe) Pinar Ayata
Membership / Publicity	Canoekayak(dot)membership(at)amc-ny.org	Connie Farley
Paddle Splashes	Canoekayak(dot)newsletter(at)amc-ny.org	Connie Farley
Quiet Water Coordinator	QW(at)amc-ny(dot)org	Jeff Gregg
Ratings	Canoekayak(dot)ratings(at)amc-ny.org	Michelle Sholtis
Records	Canoekayak(dot)records(at)amc-ny.org	Marty Plante
Safety	Canoekayak(dot)safety(at)amc-ny.org	Ara Jingirian
Sea Kayak /Touring	Canoekayak(dot)seakayaking(at)amc-ny.org	Carter Bland
Secretary	Canoekayak(dot)secretary(at)amc-ny.org	Casey Bentz
Treasurer	Canoekayak(dot)treasurer(at)amc-ny.org	Frances Ennis
Trip Scheduler	Canoekayak(dot)scheduler(at)amc-ny.org	Bill Canfield

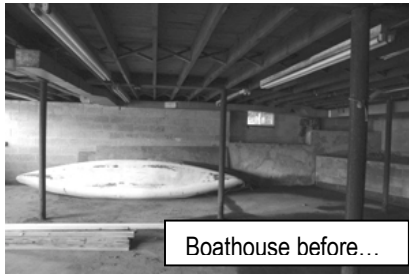
PADDLE SPLASHES

*Staff editors, writers and
photographers*

Connie Farley

- Kurt Brummund Jeff Gregg
- Marty Plante Victoria Butler
- Pinar Ayata Kurt Navratil
- Joe Pylka Tom Trevor
- Jeff Gregg Anthony Chiarello
- Charles Michener
- Peter McBride (past issue Mullica photos)

**Mohican Outdoor Center Boathouse
Workday &
Paddler's
Picnic**



Boathouse before...

The MOC (Mohican Outdoor Center) was a great success! We had two goals for the day, 1. to have fun and 2. to install new boat and gear racks in the MOC Boathouse. By all accounts we succeeded on both objectives.

The day was perfect – warm summer weather, clear blue skies, temps in the 80's, everything just right for a day spent sprucing up the Boathouse, then swimming and paddling activities in and around Catfish Pond.

The Boathouse work crew was headed by Charles Michener with invaluable help from Herb Stermer, Mike Dalton, Carl Ganong, Henry Schreiber, Lenny Grefig, Susan Kotas, Michelle Sholtis, Victoria Butler, Ken Brulew, Jennifer Koermer, Anthony Chiarello, Carin Tinney, Pinar Ayata, Nat Hookway, and Dave Moskowit.

This talented team of workers completed the installation work in record time! They finished the work by noon – so had the rest of the day to enjoy the Picnic! The 'before and after' comparison shows how much work was accomplished. Come to MOC to see for yourself!

This year's picnic theme was "Hawaiian Aloha!" Club members and their friends arrived for the picnic snazzily dressed in hawaiian shirts, skirts and straw hats. Upon arrival the Greeting Committee – Nat H and Tom T presented guests with colorful plastic lauas as the club waiver was passed around.

The back deck and meeting room of the MOC Boathouse was the center of events, as our picnic was "indoors", or sitting on the large covered porch overlooking the lake.

The picnic featured a varied menu supplied by all! And you continue to meet our delicious CKC standards – we have so many talented chefs who provided a smorgasbord of salads, pastas, and desserts. There were any happy stomachs.

The CKC provided the veggie-burgers, hamburgers, hot dogs and rolls – these were expertly cooked over a

charcoal grill by Jim Catozzi (Mr. Have-grill-will-travel). Jim also slow grilled fresh NJ corn that was just summertime on a cob! What are you doing next August?

Thanks to all who made the Picnic and Boathouse Work Day so memorable.. to name just a few... Dave Simpson MOC, the collaboration with the Delaware Valley AMC chapter, The MOC committee, Henry for suggesting Mohican – what a great idea! Victoria, Henry, Lenny for supporting this effort, David and Kathy B for doing the shopping, by the water-side Ara!, Don for the climbing demonstration, Tanya for a ton of ice, Matt T, Ken B, Amanda B, and Stephen F for cleaning up, Nick, Joe, Sabrina, and Jessie for filling up the water balloons! All of you helped without needing a sign-up sheet you just saw a need and filled-in – what perfect helpers you all really are.

We have lots of plans for next year, so if you missed this year's picnic – Don't miss the 2009 Picnic! And we always need volunteers to organize different portions of the day. I did have a fun time and will help do it again next year! *Connie*

**MOC
Boathouse Workday**

Boathouse - during and after. The finished rack for PFD's (right). ▶

Working on the Boathouse...from the top Charles, Herb, Carl, Victoria, David, Ken, Victoria, Michelle, Herb Mike, Susan, Carin, Nat

Monksville Paddling Sessions by Jeff Gregg

The program has been a great success!

Our goal this year was to focus on attracting beginner-level paddlers and to help them develop the basic paddling skills needed to participate in club trips.

All in all, I think we were effective in meeting this goal. The registrants were clearly beginner-level paddlers with little or no previous paddling experience. They seemed to appreciate the basic information regarding the range of paddling equipment and opportunities provided, and the basic boat handling skills that our volunteers helped them build.

Across the four sessions, we had a total of 22 beginner paddlers, some attending multiple sessions. Approximately one third were non-members. We also had another 5 paddlers who cancelled due to weather concerns. Apart from needing to cut the last session short, we were pretty fortunate with the weather at Monksville.

I would be very interested in any feedback or suggestions you might have regarding the sessions, or how they might be improved. Kurt Navratil and I are considering a possible change in the format, offering three sessions over the course of a weekend, with optional camping for the instructors and students (i.e. the same basic session being offered Saturday morning, Saturday afternoon and Sunday morning).

We thought it might be easier for instructors and students to get to sessions on a weekend, as it has been a challenge for many folks to get to Monksville by 5:30pm on a weeknight. This might also increase our ability to recruit more demo boats. Any thoughts you may have regarding this option are very welcome.

Thank you to the great bunch of paddlers who help assist at Monksville. I very much enjoyed working with you and getting to know you better.

Kurt Navratil; Jill Arbuckle; Tom Trevor; Stan Kline; Martin Plante; Lois Gesner; Paul Lawless; Fran Schultz; and David Pawlyk. Thanks for sharing your time, experience, love of paddling and equipment to help with the Monksville Basic Canoe & Kayak Instruction sessions! There's no way Kurt and I could have done it without you. I hope you enjoyed the sessions. Regards, Jeff

The Walkill River by Tom Trevor



When I signed up for Kurt Navratil's Walkill River trip on Sunday, September 14th I knew it would be a relaxing easy paddle. The section of the river we paddled meanders through the Walkill River National Wildlife Refuge. But I had no idea the wild life would be as varied as the weather predictions.

My non paddling friends were "pestering" me to join them in some mundane land bound pursuit by repeating the discouraging early weather forecasts. I was prepared to paddle in the cold, even the rain. But Saturday night's downpour gave way to Sunday's early morning fine drizzle. By the time I reached the Sussex Queen Diner, our meeting place, it was hot and humid.

Some folks complained it felt like 100 degrees during the paddle. But I happily "air conditioned" myself with a tried and true low tech solution: I periodically poured water on the rolled up bandana, loosely tied around my neck. This "trickle-down effect" actually works.

Twelve boats, a nine mile shuttle and 15 paddlers later, we put in to the Walkill River from Glenwood Road.

While the river had dropped at least 8 – 12 inches from the prior week, we had plenty of water to ease our passage in the shade of canopy on the banks or past open fields. Finding a lunch spot was a challenge, and most of us dined afloat.

We were a varied lot: tandem and solo canoes, touring and recreation kayaks, each with our own preference, delighting in the pleasures of the day. Marta, our sole whitewater play boater even had a 12 inch drop to play in. And Jeff, in his whitewater creek boat ventured into the mighty Walkill rapids.

During our leisurely float we spotted all kinds of wildlife: a beaver, many butterflies, a kingfisher, many turtles, a great blue heron and cows.... Wait minute... cows are not wildlife... and, that great blue heron seemed to remain stationary for too long. The cows were real, I promise you, I saw them move... but that heron, I don't think they develop "high water marks" on their legs!!

As planned, we took out at Oil City Road after passing Bassets Bridge. For me, any excuse to extend the delightful day was welcomed. The trip, about 4 hours on the river, ended too soon for me. And, I had to return to those land bound activities. This was one of those paddles you remember for its delights rather than its challenges. We had great weather, scenic views, wildlife, good company and plenty of water. What could be better for a Quiet Water trip in mid-September? TT

As you can see from our photos (thank you Joe Pylka, Anthony Chiarello, and Pinar Ayata) we had a great time at the MOC Paddler's Picnic. There was plenty to do: boating, socializing, swimming, rolling, camping and eating!



MOC

See you at the 2009 Picnic!
PS. Don't forget your Hawaiian shirt.

Walkkill Trip



Walkkill River photos by Kurt Navratil, Tom Trevor and Jeff Gregg. See page 4 for trip description.

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Paddler's Party

Please join us for our annual year end celebration!
Everyone is welcome, bring your family and non-paddling friends.

Saturday, DECEMBER 6, 2008, from 12:30 pm – 4:30 pm
WEST NYACK FIRE HEADQUARTERS
42 Strawtown Road
West Nyack, New York



PARTY SCHEDULE: (times are approximate except start and finish)
12:30 pm Happy Hour
2:00 pm Dinner (followed by speeches, desserts, etc.)
4:30 pm Festivities End (go home)



WE PROVIDE: Non-alcoholic drink; meat dishes (turkey, ham), vegetarian dish,
coffee, tea, punch, video and audio equipment.

YOU PROVIDE: Your favorite HOME COOKED Dish (appetizer, salad, main dish, side dish or dessert). If
you don't cook - our staff of chefs will do it for you - just pay the non-dish price.

Send in your registration by mail ASAP (in fact do it today)
Deadline November 30, 2008 - NO Walk-ins
Mail registration: \$ 20 per person plus home cooked dish
Mail registration: \$ 30 per person without home cooked dish
Children under 12 free

Send registration form and check made out to:
Phyllis Lindquist
396 Potomac Drive
Basking Ridge, NJ 07920

Please retain the directions - we will no longer be mailing directions to you
Any questions, call Phyllis Lindquist, 908 626-1315 (before 9 p.m.)
or e-mail phyllislindquist@worldlynx.net

Paddler's Party Registration  I have enclosed \$ _____ for Ticket(s) for _____ person(s)
The name(s) to appear on the name tag(s) are: _____
My phone number is: _____
My favorite song is: _____
_____ I will pay \$20 and bring the following HOME COOKED dish: 

Be specific: not appetizer, write Buffalo wings; not dessert, write cheesecake
If two people are attending please list **both** dishes.

_____ I will pay \$30 because I will not be bringing a home cooked dish.

I want to help and can be available:
____ Before the party
____ From 12:00 noon on party day
____ During the party
____ At the end of the party

Send registration form and check made out to Phyllis Lindquist

Phyllis Lindquist

396 Potomac Drive

Basking Ridge, NJ 07920

Any questions, call Phyllis Lindquist, 908-626-1315 (before 9 p.m.)

DIRECTIONS Please retain these directions as we will no longer be mailing directions

FROM GW BRIDGE: Take Palisades Parkway North to Exit 8E (Nyack) onto Route 59 East to traffic light; left turn at light onto Crosfield Road to the end (stop sign). Turn right onto West Nyack Road/Route 59A to traffic light. Turn left onto Strawtown Road; go one block to West Nyack Fire Headquarters, parking area.

FROM BEAR MOUNTAIN BRIDGE: Take Palisades Parkway South to Exit 8E (Nyack). Follow directions from GW Bridge above.

FROM NYC VIA TAPPAN ZEE BRIDGE: Take I-87 North over Tappan Zee Bridge, to Exit 12 (West Nyack/Route 303) and bear right to traffic light. Make a right and go to next traffic light and make another right onto Route 303 Southbound. Drive on Rte. 303 approx. ½ mile and bear right at sign "To Route 59 West." (Palisades Mall will be on your right). Go to Stop sign and make a right onto Route 59 West. Drive 1.3 miles to traffic light and make right onto Crosfield Avenue. Drive to end which is a stop sign and make a right onto West Nyack Road/Route 59A. Drive to traffic light and make a left turn onto Strawtown Road. West Nyack Fire Headquarters is one block on your right.

FROM UPSTATE VIA NYS THRUWAY: Exit at sign Palisades Parkway South to Exit 8E (Nyack). Follow directions from GW Bridge above.

PUBLIC TRANSPORTATION: Red & Tan Bus # 20 from Port Authority to Palisades Center Mall (West Nyack) every hour. Call to confirm times: (212) 564-8484. Party leaders must be notified if you are taking public transportation so that a shuttle can pick you up at the Mall.

Paddler's Marketplace: For Sale



For Sale in Brooklyn. Contact Paula:

psp666@optonline.net or 347 446 4749.

Eddyline Nighthawk Kayak Length 17.5'

Weight 60 pounds Width 24.5"

In excellent condition! If new \$2600. Asking \$1300.

Designed for the larger paddler, this no compromise kayak is a sea kayak supreme, with full deck rigging, bulk-headed watertight bow and stern compartments, good sized hatch covers and a retractable skeg. MATERIAL: Carbonlite 2000

ACTIVITY SCHEDULE – 2008

<http://www.amc-ny.org/recreational-activities/canoe/schedule/>

Date	Touring Water	Quiet Water	Class 1	Class 2	Class 3	Class 4	Instruction /Misc
Sept 27-28	Sat: L1 Manhasset Bay, Ihrig	Sun: Constitution Marsh Faller		Sat Lower Lower Lehigh Tiernan	Sat: West Robson		
4-5		Pine Barrens Navratil / Zucker	Check the website for our up-to-date Activity Schedule! http://www.amc-ny.org/recreational-activities/canoe/schedule/				
11-12	Sedge Island L1-2 Oct 10-13 Collins	ADK Fall Foliage Trip Oct 10-13 Breton					
18-19		Sat. Great Piece Meadows Gregg / Baker		Farmington River Getzin			
25-26		Round Valley Reservoir Brummund / Gregg		Farmington River Rosenfeld			
Nov 1		Sat. Rio Reservoir Gregg / Baker			Sat. Tohickon Creek Butler		Leadership Workshop Schreiber / Grefig
8	Sat, TW2, Sandy Hook Gregg / Baker						

Viva La Difference by Charles Michener I think it's impossible to be a regular paddler without being aware of the obvious difference between open canoes and closed kayaks.

Stereotypes aside I've been thinking about the subtler differences. As a canoeist it's impossible not to be aware of the feeling we sometimes generate. Yes, we are often 12 feet long and take up more of an eddy than a kayak, and yes there is six feet of boat in front of my knees and behind my ass to swing around. We also behave differently on the river. The length and mass of a canoe is affected differently by the forces of the water than a short play boat kayak and I think this increases the friction between the kayak and canoe paddlers.

I have found that I often approach a play spot from a different angle especially further back than most kayakers. This has led to confusion as the kayakers waiting in line for the play spot don't think I'm in line - and will cut in front of me or just think I am an idiot messing around and in their way.

Also canoes can be faster than kayaks. I think novice kayakers are unaware of this and choose to cut in front of or peel-out much closer than the canoeist would like and this leads to bumps and grunts which enhance the canoeist's reputation as a river hog. For the most part I find everybody on a river is friendly and understanding of the differences between our craft, but it always hurts when I hear something like "Oh, god here come the canoes lets get out of here!" or "Damn that's a boat big! Any room left in the eddy?"

I hope I have been able to bring a little understanding about some of the boating difference to my friends the butt boaters.

Lastly, I owe an apology to some mystery kayaker out there - a woman wearing pink helmet on the Stonycreek (not Victoria). If I get to hungry I loose my mind, my brain just completely stops working. I found myself going down stream fast watching as if in a dream. Some poor kayaker got closer and closer to the front of my boat. Part of my brain was saying "Charles you should do something" but the part of my brain that controls the working bits like arms, legs, mouth and vocal chords completely drew a blank, until I heard the thump. I tried to get out of the way and then a second thump I heard "Dude!" On the third thump it was "Hey, Dude!" and fading curses as she continued downstream, thankfully still upright and in her boat.

To this mystery kayaker I give my apologies, and the assurance that the event was blood sugar driven and I would have behaved as much of an ass regardless of what kind boat my butt was in. SYOTR

**Don't Forget –
upcoming AMC events 2008**

<i>What</i>	<i>Where</i>	<i>When</i>	<i>Contact person</i>
Paddling Trips	NY, NJ, PA, MA	All the time!	See our Website
Leadership Workshop	AMC Office, NYC	Nov 1	Schreiber/Grefig
Paddler's Party 2008	West Nyack, NY	Dec 6	Phyllis Lindquist / Gretchen Tardell

Submission for next issue of Paddle Splashes: Deadline November 15, 2008

Send your articles to [canoekayak\(dot\)newsletter\(at\)amc-ny\(dot\)org](mailto:canoekayak(dot)newsletter(at)amc-ny(dot)org)

Our sincere thanks to everyone who has submitted articles, pictures and information to make

Paddle Splashes an informative and colorful newsletter!

Appalachian Mountain Club
NY-NoJ Canoe & Kayak Committee
Editor: Connie Farley
354 Ridgedale Avenue
East Hanover, NJ 07936



Sat, Dec 6, 2008
2-6 pm

RSVP to:

AMC Paddlers Party
c/o Phyllis Lindquist
396 Potomac Drive
Basking Ridge, NJ 07920